

Appendix 1

2021 Section 5310 Project List Enhanced Mobility of Seniors and Individuals with Disabilities

1. Agency: Valley Health Services, Inc.

Requesting: Transportation for Adult Day Health Care and Nursing Home Residents: Valley Health Services is in need of one Type 1 vehicle to replace one 2010 Type 1 vehicle, for which we will soon be seeking retirement due to excessive repair costs and age.

Project

Description: The vehicle will be used to transport the elderly, disabled population receiving services from Valley Health Services. Once COVID restrictions are lifted, Valley Health Services expects to transport 15 - 20 Adult Day Health Care registrants five days each week and schedule periodic outings for the Adult Day Health Care and nursing home Activity programs.

Coordination

Efforts: Valley Health Services works with Herkimer Arc for assistance with transportation to and from the Adult Day Health Care program as enrollment dictates.

Funding

Comments: Valley Health Services has received 5310 funds in the past for the purchase of Type 1 vehicles. There are no other funds associated with this project.

Contact

Information: Kathy Eisenhut, Administrator
Valley Health Services, Inc.
690 W. German Street
Herkimer, New York 13350
315-866-3330 ext. 2245

2. Agency: **Senior Network Health, LLC**

Requesting: We are requesting for 2021 two Transit XL vans and one twelve passenger bus that can accommodate two wheelchairs. This request is to meet the overflow demands of the critical service of rising medical transportation requests of customers.

Project

Description: Senior Network Health Transportation, as an affiliate of the Mohawk Valley Health System (MVHS) provides transportation for the entities of the system. MVHS is comprised of two acute care hospitals, a two hundred and two bed skilled nursing facility, an Adult Day Medical Care Program, Senior Network Health a managed long term care plan, a cancer center, a dialysis center and multiple primary care sites. Senior Network Health Transportation Department provides medical transportation to people who are chronically ill, elderly, and multicultural with prominent language barriers or disabled receiving services within the MVHS that reside in Oneida and Herkimer counties. Without this transportation service many people would not be able to access the medical care that they require. Our transportation department coordinates all scheduled rides through an integrated software program to optimize efficiency of our vehicles and drivers. In 2019 Senior Network Health Transportation provided 17,391 one way rides and unfortunately had to decline 1,249 rides due to limitation of the fleet and drivers. In 2019-2020 we were awarded funds from Section 5310 Enhanced Mobility of Seniors and Individuals with Disabilities Program. These funds assist with replacing vehicles currently in the fleet and adding to the fleet. We are requesting for 2021 two Transit XL vans and one twelve passenger bus that can accommodate two wheelchairs so that we are able to continue to provide this vital service.

Coordination

Efforts: Senior Network Health is a member of the Transportation Coordination Committee. We participate in the Oneida and Herkimer County Emergency Preparedness Coalition and coordinate transportation throughout all of Mohawk Valley Health System.

Funding

Comments: Senior Network Health has supplemented the necessary funds provided from the 2019-2020 Section 5310 Enhanced Mobility of Seniors and Individuals with Disabilities Program grant and will continue to be able to supplement monies if granted funding is awarded in 2021.

Contact

Information: Sara Miller
1650 Champlin Ave
Utica, NY 13502
315-624-4513

3. Agency: Herkimer County Chapter of NYSARC, Inc.

Requesting: Herkimer County Chapter of NYSARC, Inc. will be applying for (3) Type IV or Lot K replacement buses. These buses will be used for the purpose of transporting individuals with intellectual or developmental disabilities within Herkimer County.

Project

Description: Herkimer County Chapter of NYSARC, Inc. buses are used for the purpose of transporting individuals with intellectual or developmental disabilities within Herkimer County. The buses that will be requested will be replacing buses that have been used beyond their useful life and will be operated primarily in the villages of Dolgeville, Little Falls, Poland, Newport, Middleville, Herkimer, Mohawk, Ilion, and surrounding areas.

Coordination

Efforts: To address the coordination aspect, we provide transportation for individuals to various programs within Arc Herkimer as well as other employers and day program providers within Herkimer County. We also encourage individuals, who are able to do so, to ride the public transportation line that is available through the valley. Currently we have available seating on the route coming from the area of Richfield Springs and from the Newport / Middleville area and welcome the opportunity for other providers to contract with us for transportation from those areas and possibly others.

Funding

Comments: Herkimer County Chapter of NYSARC, Inc. will be applying for Section 5310 funding once the application becomes available therefore would like to be included in the Herkimer / Oneida Counties Coordinated Transportation Plan update. As far as we know now, our scope of service and ridership should remain consistent over the next several years therefore we will not be requesting funding for any additions to our fleet, only replacements for vehicles that have exceeded their useful life as outlined in the Section 5310 guidelines.

Contact

Information: Dean Jones, Transportation Director
Arc Herkimer Transportation
P.O. Box 271, Herkimer, NY 13350
315-574-7980

4. Agency: **Parkway Center**

Requesting: Parkway Center is seeking operating assistance funds for the continuation of the Mobility Management project in Herkimer and Oneida Counties. Parkway Center has developed a mobility management program that educates seniors, disabled, and low income individuals about programs and services that allow individuals to use alternative forms of transportation, to be informed of transportation options where there is limited resources and to advocate for increased options and partner collaborations.

Project

Description: The goal of this program is helping communities and individuals create and manage their mobility options. It is an approach designed and delivering transportation services that starts and ends with the customer. Our key role in this program is to Understand and Advocate; Convene and Facilitate; and Inform and Connect.

Understand and Advocate: Mobility management begins and ends with a focus on transportation's many groups – current and potential riders; employers, economic development groups and local business associations; human service agencies and their clients; taxpayers and other funders; and local governments. To effectively plan a responsive and sustainable transportation network for all these customers, empathy and an unbiased understanding of their needs, environment, and goals is essential. The more we share our understanding of the customers with our partners, the more we can bring others to support the work of improving mobility options. Transportation is integral to almost all activities that take place within a community. The ability of people to reach needed destinations impacts the viability of businesses, health and human services, economic development, local government and more. Being able to articulate this relationship between transportation and success in other sectors is an important step in strengthening support for community transportation options. **(Outreach, Education, Advocacy, Assistance)**

Convene and Facilitate: Mobility management staff cultivate partnerships and create or join collaborative efforts that include transportation providers, planners and other community stakeholders. (Part of transportation committees, Vision 2020, Livable Communities, Mobility Management Association)

Inform and Connect: All mobility management activities point toward one goal: connecting customers to the transportation options that are most responsive to their needs. We stay informed about existing community transportation services, sharing that knowledge with customers, and helping customers connect the dots in using all appropriate services. **(Call Center and Outreach)**

Agency: **Parkway Center (Continued)**

The Parkway Center will continue its' Mobility Management Services including outreach, education, presentation, travel trainings, one click call center, service coordination, referral, advocacy, and continuing the Way2Go program. The Parkway Center will continually update the transportation educational resources and make them available electronically resulting in more access for the resources to be shared among service providers. The project serves seniors, disabled and low- income individuals.

Coordination

Efforts: The Mobility Manager has been reaching out to public, private and nonprofit organizations that provide transportation services throughout Oneida and Herkimer counties.

Funding

Comments: Funding will service as leverage for the continuation of the Mobility Management project in Herkimer and Oneida Counties.

Contact

Information: Kari Johnson, Assistant Director
Parkway Center
220 Memorial Parkway
Utica, NY 13501
315-223-3973

5. Agency: **LutheranCare**

Requesting: LutheranCare, in partnership with its affiliate, Presbyterian Homes & Services (Community Wellness Partners) is requesting funding for (2) two Lot E buses, both replacement vehicles, each with seating capacity for 10 ambulatory and 2 wheel chair passengers and equipped with folding seats in order to accommodate more wheel chair passengers, if needed.

Project

Description: LutheranCare and Presbyterian Homes & Services serve the elderly and persons with disabilities through the residential adult homes, skilled nursing facilities, social and medical model adult day programs, home care services, assisted and independent living residences and the Caregiver Support Program. Our most pressing transportation needs are reliable conveyance for our residents to and from recreational outings and activities and round-trip transport for participants in the adult day and support programs. Through a DOH grant award to the Lutheran Home of CNY, the transportation program for seniors and persons with disabilities has expanded to include a rural outreach effort in Oneida, Herkimer and Madison counties which has substantially increased the number of individuals served and is aimed at providing respite and support group services to individuals caring for loved ones living with Alzheimer's Disease and other dementias. Safe, reliable transportation to and from recreational outings as well as medical appointments is a quality of life issue and a priority for those who serve this population; one which would be better addressed by the availability of adequately equipped vehicles.

Currently, (85) eighty-five residents are being transported to and from our social and medical model adult day programs on both campuses as well as participants in our Caregiver Support Program. In addition, resident access to special programs like the Parkinson's Awareness Walk, educational films and seminars and transportation to their families' homes during the holidays is extremely important to our residents' health & well-being.

Two of the buses utilized for this transport on both campuses were acquired in 2008 under 5310 grants and are currently costing the organization substantial dollars to maintain and repair and are not financially feasible to sustain. If granted, this request would be applied toward their replacement to better meet the expanded scope of services and the greater number of people served.

Coordination

Efforts:

In addition to transportation on both the LutheranCare and Presbyterian Homes & Services campuses, residents of the Meadows subsidized Independent Living, Clinton Manor and Mohawk Valley apartments (who also fall into the elderly and disabled category) utilize the vehicles for monthly recreational daytrips. The target population of the Caregiver Support Program is those

Agency: **LutheranCare (Continued)**

caring for loved ones who, in addition to the stresses caused by dementia, are also geographically isolated without access to support services.

Funding

Comments:

As mentioned above, two of the buses in need of replacement were received through two separate 5310 grants submitted in 2007 for purchase in 2008. The grant from the Department of Health which enabled an aggressive outreach effort into the rural areas of the Mohawk Valley also makes reliable transportation a necessity.

Contact

Information:

Karen Anne Ostinett, Director of Funds & Volunteer Development
LutheranCare
108-110 Utica Road
Clinton, New York 13323
315-235-7104

6. Agency: The Arc, Oneida-Lewis Chapter

Requesting: The Arc, Oneida-Lewis Chapter intends to purchase three (3) Lot K buses and three (3) Lot G buses to be used for daily transportation to and from day programs for adults with intellectual disabilities, via contract with a fixed route provider (currently under the bid process). Persons using these buses/vans are not only intellectually disabled; many have physical disabilities, are elderly and need support of staff for transport.

Project

Description: The buses will replace existing buses, beyond their useful life to be used by The Arc, through a contract with a fixed route provider providing fixed route transportation services to persons who cannot use public transportation, private bus or taxi service for the following reasons:

- in some instances, no public transportation exists;
- taxi service, where it is available, would be cost prohibitive;
- many of the people who would use the buses are non-ambulatory and require vehicles equipped with lifts and tie downs, along with door to door service;
- many persons are severely disabled and cannot be taught to travel safely on their own; and
- many persons are on strict medication regimes and require a provider such as The Arc who cannot only coordinate transportation/medication effort, but has a great deal of experience doing so.

Coordination

Efforts: The Arc will contract with a provider for transportation services and supports not only people who receive services from The Arc, but also Upstate Cerebral Palsy, Central New York DDRO, and other human service agencies. Via this contract approximately 400 roundtrips are provided daily, Monday – Friday.

Further, discussions are ongoing with HOCTS and the Transpo Group to participate in the system-wide transit analysis to evaluate opportunities for shared services with the general population using 5310 buses as they look to rebuild the Oneida County Rural Transit System.

Funding

Comments: Funding for the matching 20% will be paid by The Arc, via Medicaid reimbursement for transportation supports.

Contact

Information: Gail Miskowiec, Chief Operations Officer
The Arc, Oneida-Lewis Chapter, NYSARC
245 Genesee Street
Utica, New York 13501
315-272-1543

7. Agency: Rome Memorial Hospital, Inc.

Requesting: Rome Memorial Hospital, Inc., is seeking funding support for one 11-passenger bus that can accommodate three wheelchairs to meet the overflow demands for transportation for the Residential Health Care Facility (RHCF).

Project

Description: The bus is used for the purpose of transporting nursing home residents to medical appointments and social activities. Currently, the facility has one 2015 11-passenger bus for the 80-bed nursing home, with priority given to medical transportation. Prior to COVID-19, social outings were unfortunately canceled, shortened or rescheduled to accommodate these priority medical appointments. In addition, there has been an increase in requests to provide transportation for other hospital populations. Most transportation is for travel in Rome, Utica and Syracuse, but can extend to Albany or Rochester for specialty appointments.

Coordination

Efforts: Rome Memorial Hospital, Inc., participates in the Oneida County Emergency Preparedness Coalition. The RHCF coordinates transportation requests for the 80-bed nursing home and other hospital populations. The hospital's Continuum of Care Department maintains a list of transportation resources to assist seniors, disabled, and low-income individuals with their transportation needs.

Funding

Comments: Rome Memorial Hospital, Inc., will be applying for Section 5310 funding once the application becomes available and is seeking inclusion in the Herkimer / Oneida Counties Coordinated Transportation Plan update. The hospital will supplement any necessary funding if the grant is awarded in 2021 through its capital budget process or in collaboration with its Foundation.

Contact

Information: Cassie Winter, Vice President Marketing/Communication
Rome Memorial Hospital
1500 N. James St.
Rome, NY 13440
315.338.7533