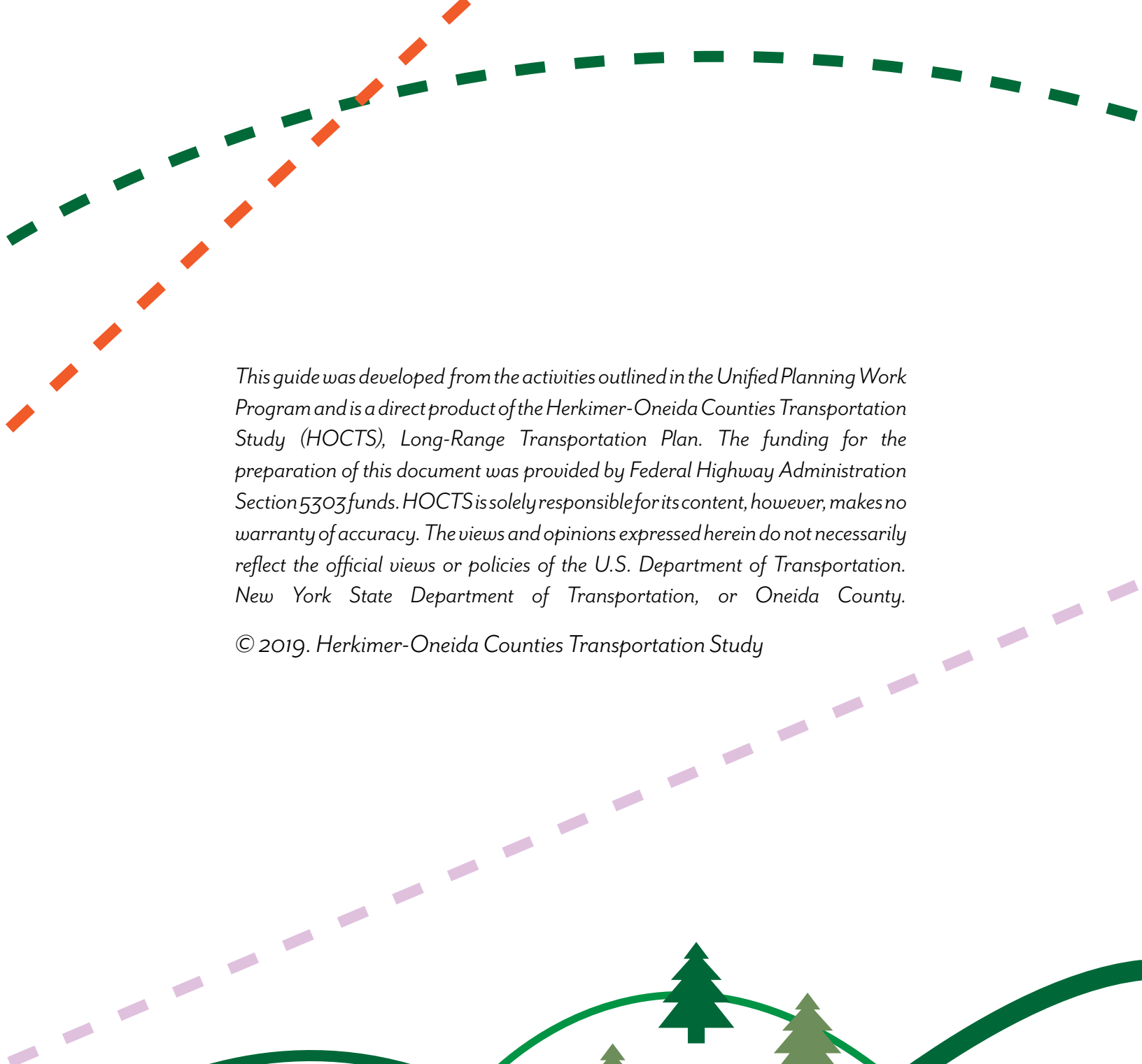


Bicycle & Pedestrian Trail Guide: 2019



Encompassing
Herkimer &
Oneida Counties



This guide was developed from the activities outlined in the Unified Planning Work Program and is a direct product of the Herkimer-Oneida Counties Transportation Study (HOCTS), Long-Range Transportation Plan. The funding for the preparation of this document was provided by Federal Highway Administration Section 5303 funds. HOCTS is solely responsible for its content, however, makes no warranty of accuracy. The views and opinions expressed herein do not necessarily reflect the official views or policies of the U.S. Department of Transportation, New York State Department of Transportation, or Oneida County.

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Foreword

In response to growing interest in bicycle and pedestrian activities, the Herkimer-Oneida Counties Transportation Study (HOCTS) created the Herkimer and Oneida Counties Bicycle and Pedestrian Trail Guide. HOCTS is the Metropolitan Planning Organization (MPO) designated by U.S. DOT and New York State for the two-counties. As the MPO, HOCTS receives dedicated transportation funding from the Federal Highway Administration to develop, promote, and enhance the safety of the transportation network. This guide provides useful information to bicyclists and pedestrians, whether their interest lies in daily transportation, recreation, or through travel and touring activities.

In Herkimer and Oneida Counties, signed NYS Bike Routes 5, 8, 12, 20, 233, and 365 traverse the landscape. Bicyclists and pedestrians will experience changes in topography as they travel through Herkimer and Oneida Counties. The topography is flatter near the Erie Canal and along the Mohawk River, transitioning to rolling hills with more challenging grades when entering and leaving the river valleys and foothills of the Adirondack Mountains.

The two-county region is transversed by well-established trails linking places and providing exceptional off-road accommodations for bicyclists and pedestrians. The Rayhill Memorial Trail is a suburban multi-use trail providing linkage between the towns of



Rayhill Trail Head

New Hartford, Whitestown, and the Village of New York Mills. The City of Utica uses an on-road bicycle network to connect the many parks, recreational amenities, and cultural facilities spread throughout the City. The City of Rome offers the Mohawk River Trail, which provides connection from the Erie Canalway north through the City to the Griffis Sculpture Park, and connects to multiple recreational areas in the City. To the north, the TOBIE and Black River Trails provide scenic views of both the central and southern Adirondack Mountains. To the south, the Town of Marshall Towpath Trail provides tranquil views of the former O&W Railroad corridor. These trails, and many more in Herkimer and Oneida County, await discovery in the Bicycle and Pedestrian Trail Guide.

To obtain a free hard copy of the guide e-mail or call:

Herkimer-Oneida Counties Transportation Study
Boehlert Center at Union Station, 321 Main Street, Utica, NY 13501
(315) 798-5710
transplan@ocgov.net

To access the guide online:
www.hocts.org



Using the Guide

Use these simple steps to find your favorite local rides:

Step 1: Read About Your Trail

Philip A. Rayhill Memorial Trail (South)

See Maps F & F-1

The Philip A. Rayhill Memorial Trail (South) is a 5.22 mile, handicapped accessible, asphalt trail that parallels NYS Route 840 in the towns of New Hartford, Whitestown, and the Village of New York Mills.

The trail begins at a trailhead parking lot on New Hartford Street in the Town of New Hartford and proceeds northwest into the Town of Whitestown. Another section of the trail, proceeds southeast from the New Hartford Street Parking Area, across the Sauquoit Creek and connects into the Village of New York Mills sidewalk system with access to Pietryka Park.

Additional trail head parking is available at Clinton Street, Clark Mills Road and Middle Settlement Road. Trail users will encounter signalized crossings at the NYS Route 5A, Consumer Square entrance, Middle Settlement Road at BOCES, Clark Mills Road and Halsey Road.

Amenities along the trail include mile marker signs at every mile in both directions, on-pavement markings at every tenth mile, trailside overlook/fishing platforms, benches, and landscaping.

(Connects to Philip A. Rayhill Memorial Trail (North))

Terrain: Flat

Length: 5.22 miles

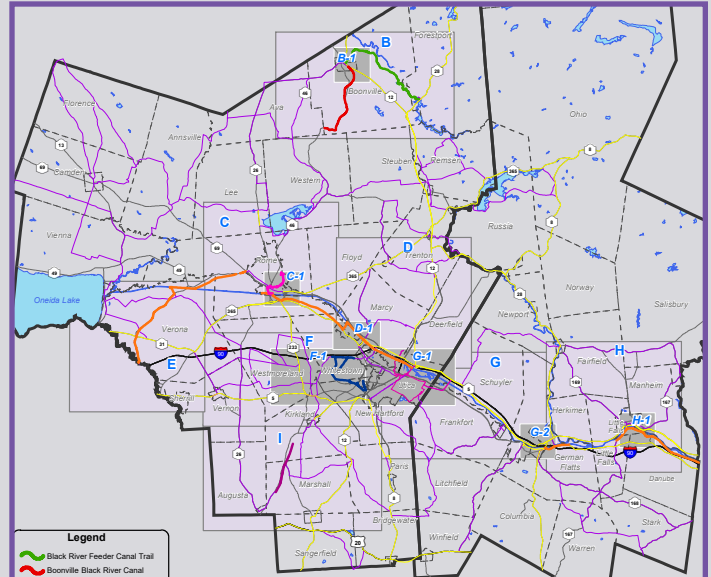
Configuration: Point to Point



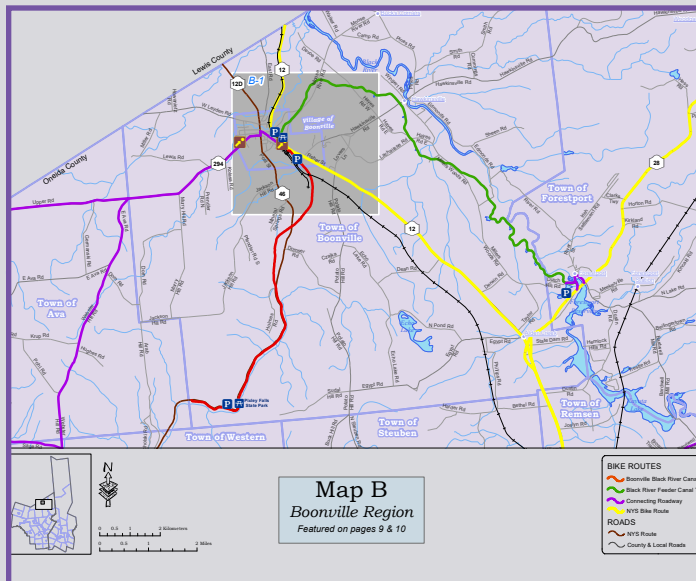
Trailhead off of Route 840.



Step 2: Find Your Map Region



Step 3: Find Your Trail



Step 4: Plan Your Trip to the Trail



Trail Guide Legend					
	Parking/Trailhead		Interstate		Empire State/Erie Canalway Trail
	Tourist Info		US Highway		Boonville Black River Canal Trail
	State & Town Parks		NYS Route		Black River Feeder Canal Trail
	Campground		County Route		Rayhill Memorial Trail
	Hospital		Local Road		Mohawk River Trail
	Train Station		Railroad		TOBIE Trail
	Point of Interest		Streams & Creeks		NYS Bike Route
	Municipality		Water		NYS Bike Route 5
	Hamlets				Connecting Routes

Terminology

NYS Bicycle Routes

New York State designated Bicycle Routes 8, 12, 28, 233, and 365 are considered shared roadways and are highlighted in **yellow**. The vehicular speed limit on these routes is typically 55 mph. The on-road touring routes are intended for experienced adult cyclists. Please ride with caution!

NYS Bike Route 5

NYS Bike Route 5 is a signed on-road bicycle route that extends 365 miles from Niagara Falls across New York to the Massachusetts state line. The route parallels the Erie Canal and the Empire State Trail (formerly the New York State Canalway Trail). It intersects with State Bicycle Routes 9, 11, 14, 19, and 517, as well as, the New York State Seaway Trail. In Herkimer and Oneida Counties, the alignment generally follows NYS Rt. 5 but deviates in several locations; the speed limit is 55 mph in all areas except suburban and village jurisdictions. Detailed information is available from the NYS Department of Transportation at: www.dot.ny.gov/bicycle or (518) 457-8307.

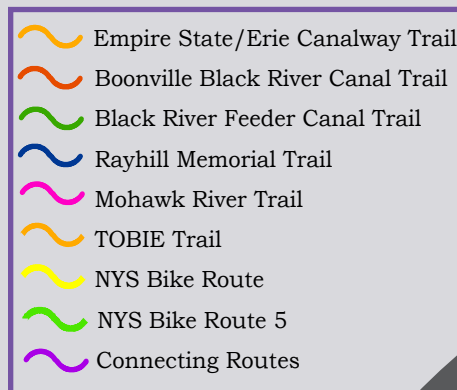
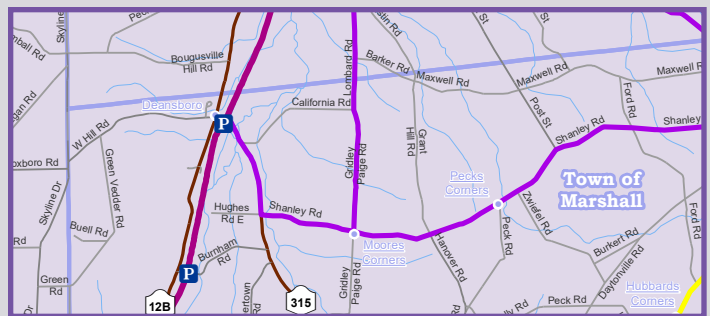
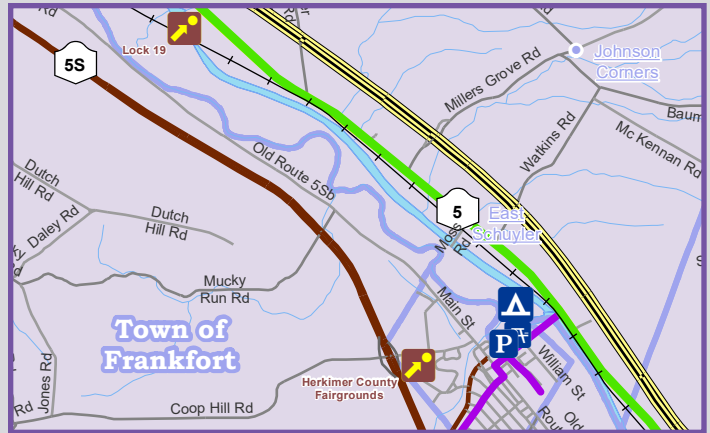
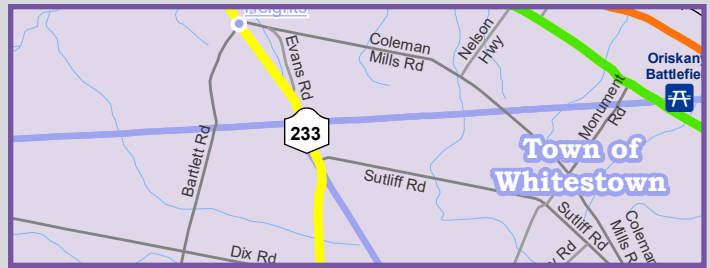
Connecting Roadways

These roads are practical, and in many cases scenic, connections between designated bicycle routes and points of interest. The connecting roads are also meant to join urban and suburban areas to designated bicycle routes and multi-use trails. Please note that road shoulder width and surface conditions may vary along these roads. For the purpose of this guide, they are indicated in **purple**.

Existing Multi-Use Trails

Surface types range from concrete and asphalt to stone dust and natural surfaces. Individual multi-use trails are indicated using unique identifying colors.

Note: *Bicycle routes and multi-use trails are designed to accommodate both bicycle and pedestrian traffic. Bicycle routes typically utilize road shoulders along many roads as dedicated bicycling infrastructure is limited in the two counties. Most roads have shoulders that range from 4' to 12' wide and will vary in condition. Multi-use trails are typically located on exclusive rights-of-way such as abandoned railroad beds, canal towpath, or within parks.*



Laws for Pedestrians

General



Obey all traffic signals, signs and pavement markings when you are crossing a street [Section 1150, NYS Vehicle & Traffic Law].

Where to Walk



- When you are in a crosswalk where there isn't a traffic control signal, drivers must yield the right of way to you [Section 1151, NYS Vehicle & Traffic Law].
- At mid-block locations, if there isn't a crosswalk, sign, or signal, you must yield the right-of-way to all vehicles [Section 1152, NYS Vehicle & Traffic Law].
- Use sidewalks where they are provided and safe to use. When there are no sidewalks, walk on the left side of the roadway or shoulder, facing traffic [Section 1156-b, NYS Vehicle & Traffic Law].

When Interacting with Cars & Drivers

Pedestrians

- See and be seen! Wear bright and/or reflective clothing, especially at night.
- Always walk on the left side, facing traffic, when there are no sidewalks.
- Don't be distracted, be aware of the road and your surroundings.

Bicyclists

- Establish eye contact with drivers and pedestrians before making a turn or changing lanes.
- Be visible and predictable! Wear bright or reflective clothing. Ride in a straight line. Do not weave in and out of traffic. Leave 3 feet between yourself and parked cars so you can avoid a door that opens unexpectedly.
- Warn others before you pass: use your bell and call out "on your left".

"On your left!"

Drivers

- Always be scanning when pedestrians.
- When parked on the street, check for bicyclists approaching from behind before opening your car door.
- At intersections, pedestrians in the roadway have the right of way and you must yield to them.
- In areas of open roadways, pedestrians yield to vehicles.
- Don't drive distracted!



Sources

NYSAMPO Fact Sheet Safety,
www.nysmpos.org

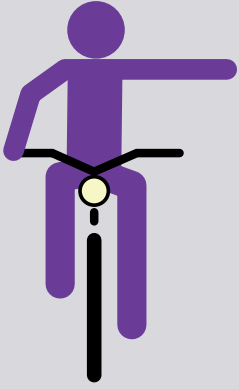
<http://www.safeny.ny.gov/bike-vt.htm>

<http://www.safeny.ny.gov/peds-vt.htm>

<http://www.safeny.ny.gov/bike-ndx.htm>

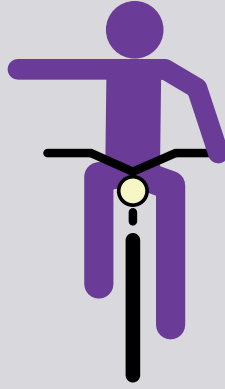
<http://www.safeny.ny.gov/peds-ndx.htm>

Laws



Left

Extend your left arm out sideways with all fingers extended or use your index finger to point left.

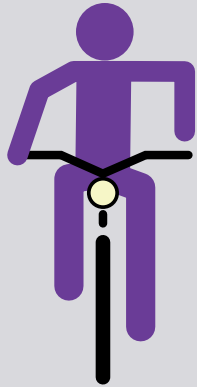


Alt. Right

Extend your right arm out straight with all fingers extended or use your index finger to point right.

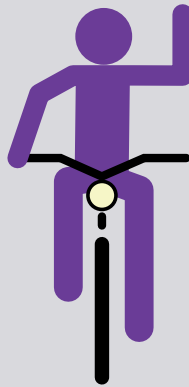
Turning

- Use hand signals before you make a turn [Section 1237, NYS Vehicle & Traffic Law].
- Your position when preparing for a turn is governed by the turning rules that apply to other traffic [Section 1234(b), NYS Vehicle & Traffic Law].



Stop

Extend either arm sideways and bend your arm at a 90-degree angle hand pointing downwards and the palm of your hand facing backwards.



Right

Extend your left arm out sideways bent at a 90-degree angle at the elbow joint, hand pointing upward and the palm of hand facing forward.

How to Ride

- Always ride in the same direction as traffic [Section 1234(a), NYS Vehicle & Traffic Law].
- If there is a bicycle lane, you must use it [Section 1234(a), NYS Vehicle & Traffic Law].
- Bicyclists must obey all traffic laws of the roadway.

Helmets

- Helmets are required for everyone under 14 years old.
- Child passengers ages 1 through 4 must also ride in a child safety seat.
- Children under the age of 1 are prohibited from being transported on a bicycle [Section 1238(5), NYS Vehicle & Traffic Law].

Safety

- Keep at least one hand on the handlebar at all times [Section 1235, NYS Vehicle & Traffic Law].
- Never wear more than one earphone attached to an audio device [Section 375 (24-a), NYS Vehicle and Traffic law].

Equipment

A Bicycle must be equipped with:

- A brake capable of making the tires skid on dry level pavement
- A bell, horn, or other audible device that can be heard at least a hundred feet away
- A headlight and taillight, front and rear reflectors, spoke reflectors and pedal reflectors to be used when riding at night [Section 1236, NYS Vehicle & Traffic Law].

Sources

NYSAMPO Fact Sheet Safety,

- www.nysmpo.org
- <http://www.safeny.ny.gov/bike-vt.htm>
- <http://www.safeny.ny.gov/bike-ndx.htm>

Five Safety Tips for Outdoor Recreation

Does your family enjoy outdoor recreation? Do you like to go hiking, bicycling, swimming or play group sports? No matter what outdoor recreation activity your family enjoys, you can do small things to ensure you stay safe.

1. Stay Hydrated

The hotter it is and the more activity, the faster fluids are lost. Make sure to bring plenty of drinking water for everyone.

2. Know Your Limits

Know your family's usual activity level and plan your outdoor recreation activities accordingly. If your family is not very athletic, make sure you plan breaks in your day. If you are a very athletic group of people, plan activities that will keep everyone busy and moving for longer periods. Planning your activities around your family's activity level will help to minimize the chance of injury occurring

3. Bring a First Aid Kit

Carry a basic first aid kit whenever you engage in any sort of outdoor recreation. Understand what is in the first aid kit and be able to administer basic first aid when you are away from your home and any populated areas. Keep the first aid kit well stocked and make sure any medications have not expired.

4. Use Protective Gear

Whether walking, bicycling, hiking, or running, wear the appropriate protective gear. Make sure everyone has the right equipment for the chosen activity. If for example, hiking, wear appropriate sturdy shoes. If on wheels, make sure everyone wears their helmet.

5. Keep Equipment in Good Shape

Make sure all outdoor recreation equipment is in good operating condition. Check your equipment at the beginning and end of each season, when you take it out and put it away.



Multi-Use Trail Features

Trail Name	Location on Trail	Terrain	Surface Type	Informational Kiosk	Signage Quality	Restrooms *	Picnic Areas	Benches	Connections	Lighting	Cellular Service	Potable Water*	Parking Area	Pet Friendly	Closed Dates	
Black River Feeder Canal Trail (9-86 miles)	Beginning	Flat	Stone Dust	None	Poor	At Erwin Park Across Bridge and Up Hill	At Erwin Park	At Erwin Park	None	Some At Erwin Park	Good	At Erwin Park	Yes	Yes	Becomes Snowmobile Trail through Winter Season	
	Middle	Flat	Stone Dust/Dirt	None	Poor	None	None	Few Along Trail	None	None	Good	None	None	Yes		
	End	Flat	Stone Dust	None	Poor	At Black River Fishing Access (Portable)	At Black River Fishing Access	None	None	None	Good	None	Yes	Yes		
(BREIA) Boonville Black River Canal Trail (7-29 miles)	Beginning	Flat	Stone Dust	At Trail Head area before bridge	Poor, Called Canal Walkway	None	None	At Trail Head	None	At Trail Head	Strong	None	Yes	Yes	BREIA Trail Closed to Bicyclists and Dogs in Winter due to XC Skiing Trail Grooming	
	Middle	Rolling Hills	Grass	At BREIA Trail Head behind Shopping Plaza and Road Crossings	Poor, Called BREIA Trail	None	None	None	Domser Trail Hillside Trail	None	Moderate-Weak	None	None	Yes		
	End	Rolling Hills	Grass	At Pixley Falls and BREIA trail end	Poor, Called BREIA Trail	At Pixley Falls (Portable)	At Pixley Falls with Grills and Pavilion	At Trail Head	None	None	None	None	Yes	Yes		
Erie Canal Trail (40-68 miles)	Durhamville to Erie Canal Village (Rome)	Flat	Paved/Stone Dust	At Lock 21	Good	At Erie Canal Village	At Lock 21	Yes	None	None	Moderate-Good	None	Yes	Yes	None	
		Flat	Paved/Stone Dust	At Lock 20 and some Trail Heads	Good	At Lock 20	At Lock 20	Yes	To Mohawk River Trail	None	None	Moderate-Good	None	Yes		None
	Bellamy Harbor Park (Rome) to Utica	Flat	Paved/Stone Dust	None	None	Good	Gazeboat Ft. Herkimer Church	Gazeboat Ft. Herkimer Church	Yes	None	None	Moderate-Good	None	Yes	Yes	None
		Flat	Paved/Stone Dust	At Little Falls Harbor and Lock 17	Good	At Little Falls Harbor	At Little Falls Harbor and Lock 17	Yes	None	None	None	Moderate-Good	None	Yes	Yes	
	Mohawk River Trail (3-97 miles)	Beginning	Flat	Paved	None	Good	None	None	Yes	None	Bellamy Park	Strong	None	Yes	Yes	None
Middle		Flat	Paved	None	Good	Rome City Park	Rome City Park	Yes	None	None	Strong	None	Yes	Yes	None	
End		Flat	Paved	None	Good	None	None	None	None	None	Strong	None	Yes	Yes	None	

Multi-Use Trail Features

Trail Name	Location on Trail	Terrain	Surface Type	Informational Kiosk	Signage Quality	Restrooms*	Picnic Areas	Benches	Connections	Lighting	Cellular Service	*Potable Water	Parking Area	Pet Friendly	Closed Dates
Philip A. Rayhill Memorial Trail (South) (5.22 miles)	Beginning	Flat	Paved	None	Strong	None	None	None	To Rayhill Trail Extension	None	Strong	None	Yes	Yes	None
	Middle	Small Incline/Decline	Paved	Along Wetlands and at Trail Head Locations	Strong	None	None	Along Wetlands	To New Hartford Sidewalks	None	Strong	None	None	Yes	None
	End	Flat	Paved	At Trail Head Near New Hartford Town Offices	Strong	None	None	At Trail Heads	To NY Mills Sidewalks	None	Strong	None	Yes	Yes	None
Philip A. Rayhill Memorial Trail (North) (4-95 miles)	Beginning	Rolling Hills	Paved	None	Poor	None	None	None	To Rayhill Trail	None	Strong	None	Yes	Yes	None
	Middle	Flat	Paved	None	Poor	At Whitestown Park	At Whitestown Park	At Whitestown Park	To New Hartford Sidewalks	None	Strong	None	Yes	Yes	None
	End	Rolling Hills	Paved	None	Poor	None	None	None	To Rayhill Trail	None	Strong	None	Yes	Yes	None
Town of Marshall Towpath Trail (4.2 miles)	Beginning	Flat	Grass/Dirt	None	Difficult to find Trail Head locations	None	None	None	None	None	Moderate	None	Yes	Yes	None
	Middle	Flat	Grass/Dirt	None	Moderate	None	None	Yes	None	None	Moderate	None	Yes	Yes	None
	End	Flat	Stone Dust/ Dirt	None	Moderate	None	None	Yes	Connection to proposed trail	None	Moderate	None	None	Yes	None
Tobie Trail (16.81 miles)	Beginning	Flat	Paved/ Stone/Dust	None	Strong	Train Station	None	Pedestrian Bridge	McCauley Mountain Hike/Bike Trails	Pedestrian Bridge	Strong	None	Yes	Yes	None
	Middle	Rolling Hills	Dirt	At Old Forge Information Center	Poor	Old Forge Information Center	North Street Pavilion	O.F. Lake Front	Snowmobile Trail System	None	Strong in O.F. none past end of North Street	Old Forge Information Center	Yes	Yes	September 14th - April 1st
	End	Rolling Hills	Paved/ Stone/Dust	Information available at Inlet Information Center Inlet Town Park	Moderate	Eagle Bay Info Center and Inlet Town Park	Eagle Bay Info Center and Inlet Town Park	Inlet Town Park	Bub and Sis Hiking Trail, Rocky Mountain Hiking Trail, Moss Lake Hike/ Bike Trail	None	None	Eagle Bay Information Center and Inlet Town Park	Yes	Yes	None

*Columns with an asterisk indicate features only open during the summer season.

Black River Feeder Canal Trail

See Maps B and B-1

The approximately 10-mile Black River Feeder Canal trail is part of a New York State Canal Corporation improvement project to rehabilitate the towpath that follows the Black River Feeder Canal. The feeder canal ends in Forestport where you can observe the Forestport Reservoir Dam. From Forestport it is possible to connect into NYS Bike Route 28. The route is remote and scenic with a deep hemlock forest covering the steep slopes above the canal and down to the Black River. A large section of the trail has been resurfaced with stone dust. There are large lily ponds along the canal and you may see ducks, herons, kingfishers and other native wildlife along the way.

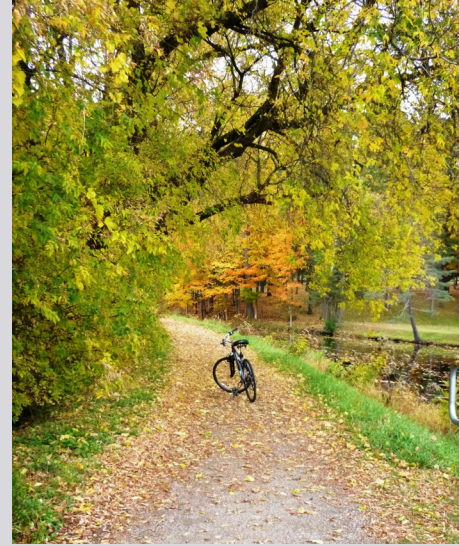
Terrain: Flat

Length: 9.6 miles

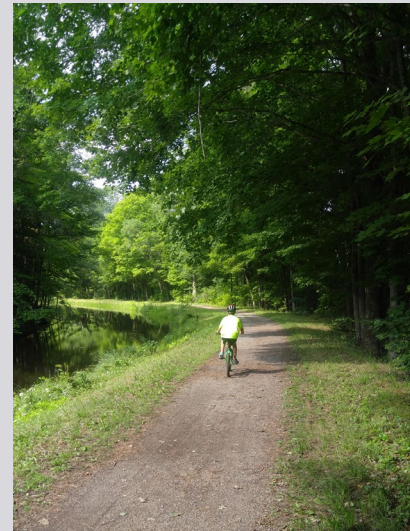
Configuration: Point to Point

Surface Type: Stone dust and Dirt

Trailhead Locations: Erwin Park (Feeder Street, off NYS Route 12 just north of NYS Route 12/Route 12D junction) and at Dutch Hill Road in Forestport.



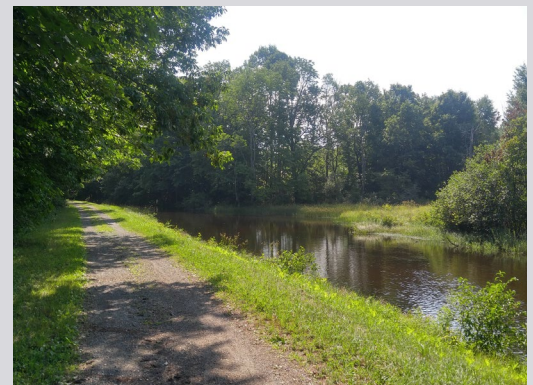
Start of trail at Erwin Park.



Pedestrian enjoying the trail along the canal while biking.



Picnic area at Black River fishing access in Forestport.



Scenic canal along the trail.

BREIA Trail (Boonville Black River Canal Trail)

See Maps B and B-1

The 77-mile Black River Canal was an engineering marvel of the 19th century. Built between 1837 and 1855, the Black River Canal connected the Erie Canal with the Black River. The southern section of the overland canal linked Rome and Boonville, a distance of 25 miles. The northern section of the overland canal connected Boonville and Lyons Falls, a distance of 10 miles. All together, the Black River Canal had 109 locks—still a world record. Between Lyons Falls and Carthage, a distance of 42 miles, the Black River itself was canalized for slack-water navigation, giving the North Country access to eastern and mid-western U.S. commercial markets, the Black River Canal was instrumental in the region's growth and prosperity (blackrivercanalmuseum.org). Today, the Boonville Black River Canal Trail runs along the southern section of the original canal, connecting to the Black River Environmental Improvement Area (BREIA) trail system, the Boonville Youth Athletic Association ball fields and the Headwaters Shopping Plaza. The trail terminates just south of Pixley Falls State Park at the BREIA Trail Head on NYS Route 46.

Terrain: Mostly flat with some rolling hills

Length: 7.29 miles

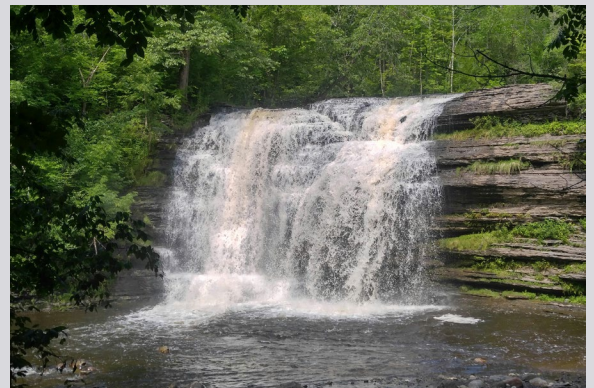
Configuration: Point to Point

Surface Type: Dirt & Grass

Trailhead Locations: Boonville Search & Rescue building at Headwaters Plaza, NYS Route 12, Boonville; BREIA, Egypt Road, Boonville; Pixley Falls State Park, NYS Route 46, Boonville.



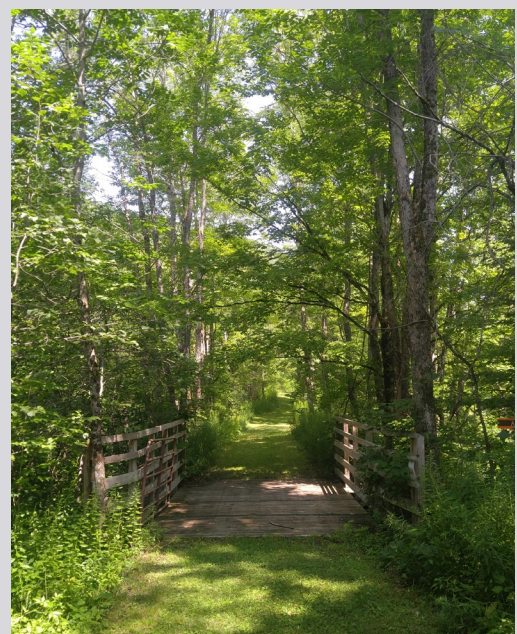
An original bowstring cast-iron truss bridge carries the trail over the canal just south of Main Street in Boonville.



Pixley Falls State Park



Picnic area at Pixley Falls State Park



Bridge along the grassy trail.

Town of Marshall Towpath Trail

See Map I-1

The 4-mile Town of Marshall Towpath Hike & Bike Trail is located in the towns of Marshall and Kirkland. The towpath, which runs parallel to NYS Route 12B, provides a great opportunity for visitors to travel along the banks of the Oriskany Creek from Deansboro to Kirkland. Construction and subsequent extension of the trail has become part of the larger Chenango Canal Corridor Connections trail project to link various trails along the corridor from Utica to Binghamton. More information is available at www.chenangocanal.org.

Terrain: Flat

Length: 4.2 miles

Configuration: Point to Point

Surface Type: Stone Dust, Grass, Dirt

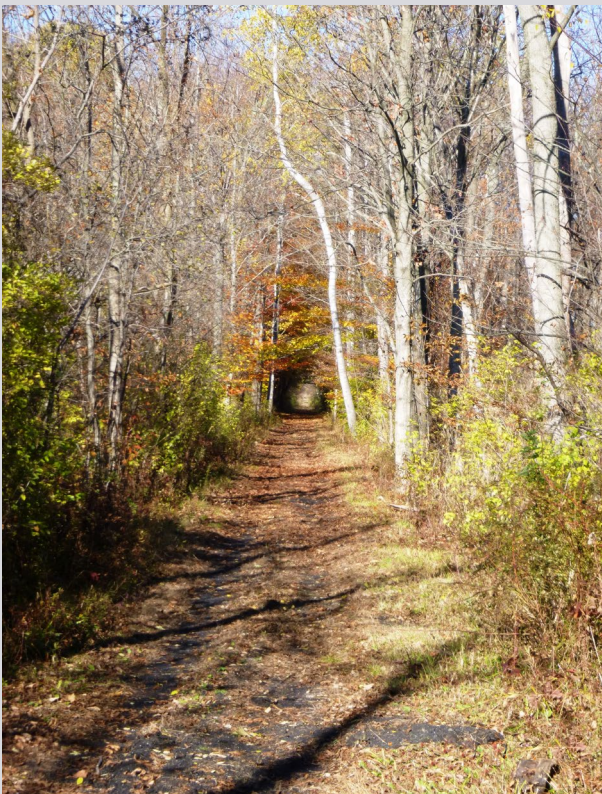
Trailhead Locations: The former O&W Railroad Depot, NYS Route 315 in Deansboro; Burnham Road, Marshall and Van Hyning Road, Marshall.



Trailhead at the former O & W Railroad Depot, Deansboro.



Placards identify plants and trees along the trail.



This trail offers a unique experience as trees create a tunnel effect over portions of the trail.



One of the trailhead signs along the towpath.

Empire State/Erie Canalway Trail

See Map C, C-1, D, D-1, E, G, G-1, G-2, H & H-1

The Erie Canalway is one of the country's most historic corridors. The Erie Canalway Trail, when completed, will be a 524-mile multi-use trail along the Erie, Champlain, Oswego, and Cayuga-Seneca canals. It will be the nation's longest historic and multi-use trail. The trail is typically 10-foot wide with surfaces ranging from asphalt in urban areas to packed stone dust in rural areas. Listed below are the completed segments (in order from west to east) of the Erie Canalway Trail in Oneida and Herkimer Counties. For more information contact the New York State Canal Corporation at www.nyscanals.gov.

The Erie Canalway Trail in Oneida County

Durhamville to Eire Canal Village (Rome) (14.1 miles)

This trail segment stretches 14.41 miles from Syracuse to Rome along the Old Erie Canal towpath, traveling through the Old Erie Canal State Park between State Bridge and Rome. There are on-road links using Canal Street between Durhamville and State Bridge and Lock Road in the vicinity of Lock 21 near Stacy Basin.

CAUTION: The trail traverses the downstream gate at Lock 21. Walk your bike carefully when crossing.

Belamy Harbor Park (Rome) to North Genesee Utica

This 15.73 mile trail segment travels near the Oriskany Battlefield State Historic Site and through the Oriskany Flatts State Wildlife Management Area. The trail passes through Lock 20 in Marcy which offers picnic areas and campsites before continuing to the parking area just off North Genesee Street in Utica. The trail surface is stone dust between Oriskany and NYS Route 291 and asphalt between NYS Route 291 and Utica. There is also a trail spur that winds through the Utica Marsh to NYS Route 49 (River Road) in Marcy and an on-road connection across NYS Route 49 along Flanagan Road which connects to the State University of New York Polytechnic Institute.

The Erie Canalway Trail in Herkimer County

Herkimer (2.18 miles)

This 2.18-mile trail segment runs along NYS Route 5S from the intersection of Routes 5S and 28 in Mohawk to the Fort Herkimer State Historic Site in German Flatts where there is a pavilion and picnic area. A project is currently underway to complete the next section of the trail from the Fort Herkimer State Historic Site to Lock 18.

Little Falls (8.36 miles)

This segment begins at a trail crossing on NYS Route 167 and continues to the Little Falls Marina, Lock 17, and the Herkimer Home State Historic Site before continuing out of Herkimer County. The surface is asphalt from NYS Route 167 to Finks Basin Road and stone dust east of Finks Basin Road.

NOTE: Bicyclists are asked to walk their bicycles on Herkimer Home grounds.



Lock 20 along the Erie Canal.



Bellamy Harbor Park trailhead



A stonedust section of trail meandering through the forest.

Erie Canalway Trail/Parking Area Locations

Name of Parking Area	Approximate Address*
Mills Road	6044 State Route 46 Durhamville 13054 (Verona)
Lock 21	7176 Lock Rd. Rome 13440 (Verona)
Erie Canal Village	5796 Rome New London Rd Rome 13440 (Rome-Outside)
Belamy Harbor Park	324 Harbor Way Rome 13440 (Rome-Inside)
365 West Near Ramp	6867 Rome Oriskany Rd. Rome 13440 (Rome-Outside)
Oriskany Ramp Rt. 49	181 River St. Whitesboro 13492 (Whitestown)
Oriskany Street	8415 State Route 69 Oriskany 13424 (Oriskany Village)
Marcy Canal Way Trail Parking	5860 State Route 291 Marcy 13403 (Marcy)
Lock 20 Marcy	9028 River Rd Marcy 13403 (Marcy)
Cavanaugh Road & Mowhawk Street	5625 Mohawk St Marcy 13403 (Marcy)
Utica Marina/ Dot Parking	16 Harbor Lock Rd Utica 13502 (Utica City)
Movac Ambulance Service	(next to) 15 State Route 5S, Mohawk, NY 13407
Ft. Herkimer Church	575 State Route 5S, Mohawk, NY 13407
Little Falls Harbor	(next to) 104 Southern Ave, Little Falls, NY 13365
Little Falls Lock 17	Lock 17, Little Falls, NY 13365

*Addresses are approximate due to the fact that some parking areas are not provided with official addresses.

Mohawk River Trail (MRT)

See Maps C & C-1

The Mohawk River Trail (MRT) trailhead is located Bellamy Harbor Park. From there, the trail extends north, connecting Rome's waterfront with historical sites, commercial districts, public services, local schools, city parks, the Griffiss Business and Technology Park, and residential neighborhoods. The MRT offers a unique multi-use trail recreational experience and excellent scenic vistas of the Mohawk River.

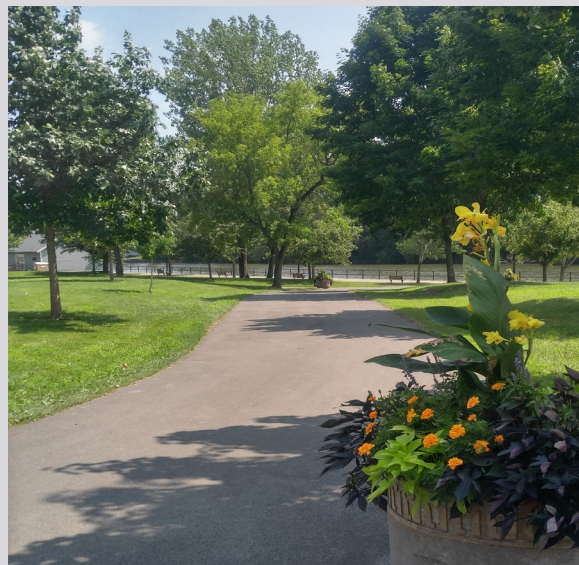
Terrain: Flat

Length: 3.97 miles

Configuration: Point to Point

Surface Type: Asphalt

Trailhead Locations: Bellamy Harbor Park, Rome City Park, Chestnut Street parking area.



Sections of the paved trail run along the Canal.



Bridges allow bicyclists and pedestrians to cross the Canal.



The flat paved trail provides easy riding for families with young children.



Benches provide a place to take a break and take in the scenery.

Philip A. Rayhill Memorial Trail (South)

See Maps F & F-1

The Philip A. Rayhill Memorial Trail (South) is a 5.22 mile, handicapped accessible, asphalt trail that parallels NYS Route 840 in the towns of New Hartford, Whitestown, and the Village of New York Mills.

The trail begins at a trailhead parking lot on New Hartford Street in the Town of New Hartford and proceeds northwest into the Town of Whitestown. Another section of the trail, proceeds southeast from the New Hartford Street Parking Area, across the Sauquoit Creek and connects into the Village of New York Mills sidewalk system with access to Pietryka Park.

Additional trail head parking is available at Clinton Street, Clark Mills Road and Middle Settlement Road. Trail users will encounter signalized crossings at the NYS Route 5A, Consumer Square entrance, Middle Settlement Road at BOCES, Clark Mills Road and Halsey Road.

Amenities along the trail include mile marker signs at every mile in both directions, on-pavement markings at every tenth mile, trailside overlook/fishing platforms, benches, and landscaping.

(Connects to Philip A. Rayhill Memorial Trail (North))

Terrain: Flat

Length: 5.22 miles

Configuration: Point to Point

Surface Type: Asphalt

Trailhead Locations: New Hartford Street, Clinton Street, and Middle Settlement Road in New Hartford; Clark Mills Road and Halsey Road in Whitestown.



Trailhead off of Route 840.



The trail connects with the Town of Whitestown's trail system along Middle Settlement Road.



Two overlook platforms allow trail users access to fishing and a view of the wildlife.



Rayhill Trail to New York Mills connection.

Philip A. Rayhill Memorial Trail (North)

See Maps F & F-1

The Philip A. Rayhill Memorial Trail (North) is a 4.95 mile section of the Rayhill Trail that connects to the Whitestown Community Center, the Whitestown sidewalk system, and the Whitestown Park using a variety of paved on and off road surfaces.

This section of the trail begins at a trailhead parking lot at the intersection of Clark Mills Road and NYS Route 840 in the Town of New Hartford and proceeds north towards Whitestown.

Although the majority of this trail traverses independent paved surfaces and sidewalks, a portion of the trail from Halsey Road to Westmoreland Road along Judd Road (Rt. 840) utilizes the widened shoulder of the roadway.

(Connects to Philip A. Rayhill Memorial Trail (South))

Terrain: Flat

Length: 5.22 miles

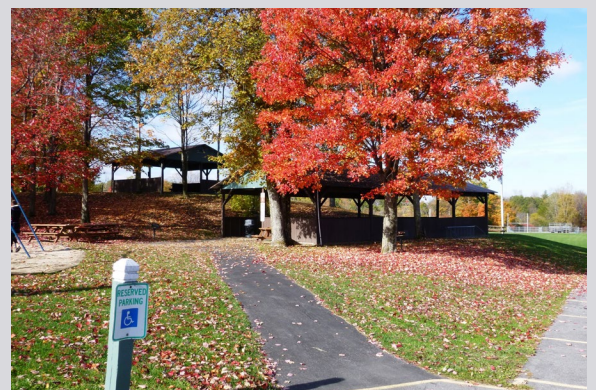
Configuration: Point to Point

Surface Type: Asphalt

Trailhead Locations: New Hartford Street, Clinton Street, and Middle Settlement Road in New Hartford; Clark Mills Road and Halsey Road in Whitestown.



The trail connects to Whitestown Park.



Whitestown park offers picnic areas, playgrounds, bathrooms, and many other amenities to trail users.



The trail connects to the Whitestown sidewalk system and a parking area at the Whitestown Community Center.



The smooth surface is ideal for all trail users.

Tobie Trail

See Maps A & A-1

TOBIE is an acronym for the towns, villages and hamlets of Thendara, Old Forge, Big Moose, Inlet, and Eagle Bay. The TOBIE trail passes through each of these municipalities. The trail surface is a combination of paved off-road and on-road sections and variable terrain between populated areas. More than 100 mountain biking trails ranging from easy to expert can be accessed from the TOBIE trail or along Route 28. (adktrailmap.com) Bike rentals are available in Old Forge and Inlet.

Terrain: Variable; some upgrade combined with flat sections and rolling hills.

Length: 16.81 miles

Configuration: Point to Point

Surface Type: Stone dust, dirt, sand and paved off-road and on-road sections.

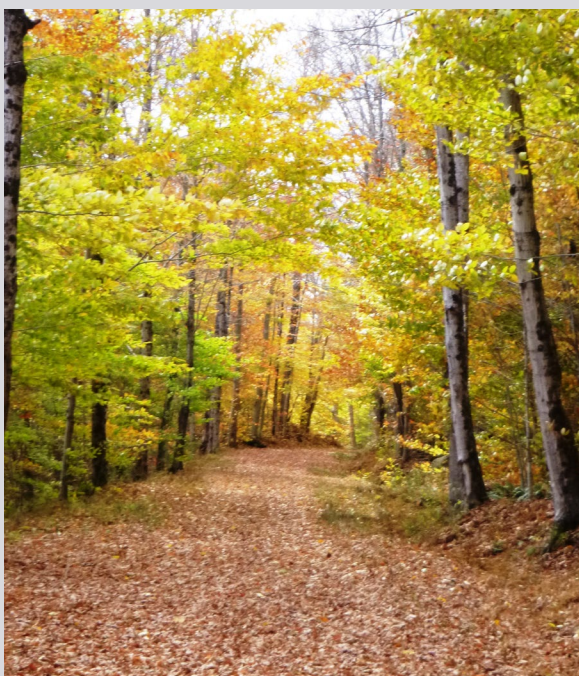
Trailhead Locations: Thendara at the Adirondack Railroad Train Station, Old Forge Lake Front, North Street Hildebrandt Recreation Center, Eagle Bay Welcome Center, Rocky Mountain Parking Area, and Inlet Town Park



Eagle Bay Welcome Center and picnic area located on Tobie Trail.



Tobie Trail connection to the Maple Ridge/McCauley Mountain hike, bike and fitness trails.



There are a variety of surfaces throughout the course of the trail. These include paved trails through town and dirt paths through scenic wooded areas.



Over 70 signs guide trail users through a network of snowmobile trails used to connect the Tobie Trail from Old Forge to Eagle Bay.

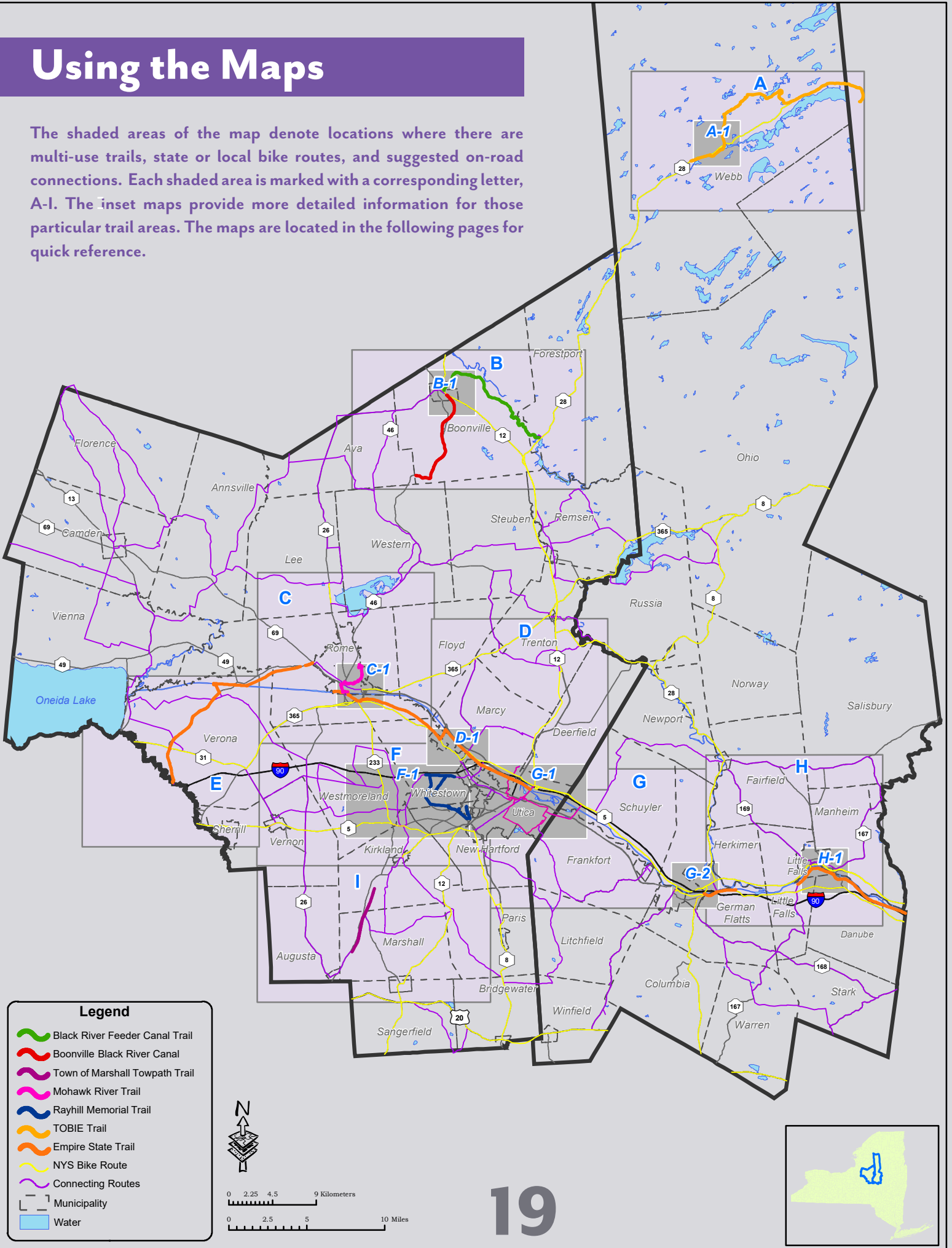
Recreational Areas with Trails

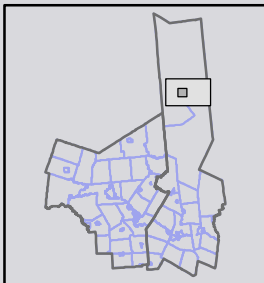
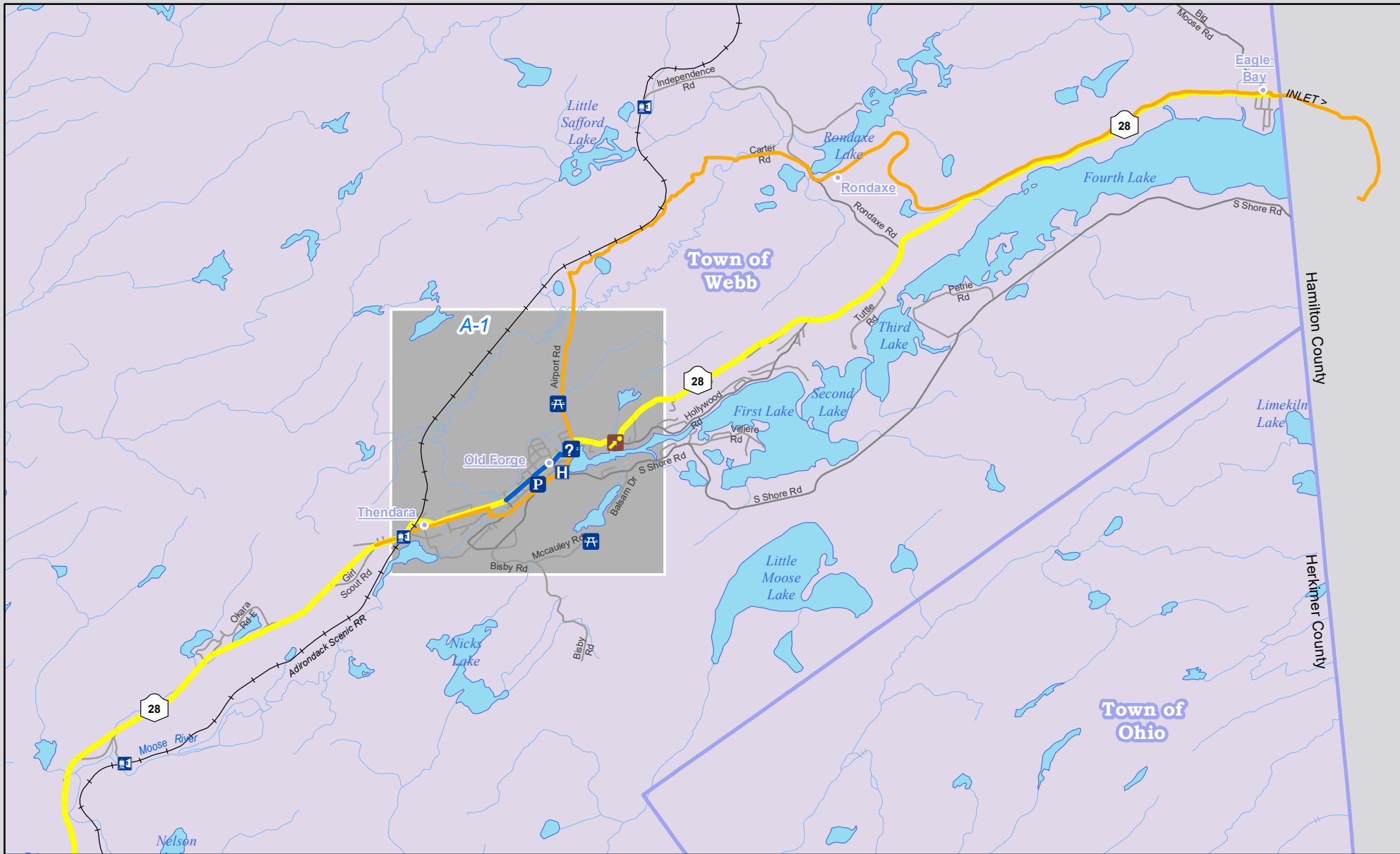
Recreational Facility Name	Address	Terrain	Surface Type	Restrooms*	Picnic Areas	Benches	Lighting	Potable Water*	Parking Area	Pet Friendly	Hours
Oneida County											
Deerfield Wilderness Park	6296 Walker Rd., Utica, NY 13502	Mostly Flat, Few Hills	Stone Dust/Grass	Yes	Yes & Pavilion	Yes	No	No	Yes	No	Closes at 9:00pm
Kirkland Town Park	3328 Post St., Clinton, NY 13323	Mostly Flat, Some Hills	Paved/ Dirt	Yes	Yes	Yes	Some in Main Park Area	No	Yes	Yes	Closes at 7:00pm
F.T. Proctor Park	Ludlow Ave., Utica, NY 13502	Mostly Flat, Few Hills	Paved/ Stone Dust	Yes	Yes & Pavilion	Yes	No	No	Yes	Yes	8:00am - 9:00pm
T.R. Proctor Park	1803 Welshbush Rd. & Culver Ave., Utica, NY	Mostly Flat, Few Hills	Paved/ Stone Dust	Yes	Yes	Yes	On Park Fields	No	Yes	Yes	8:00am - 9:00pm
Sherrill Brook Town Park	4230 NY 12 (New Paris Rd.), New Hartford, NY 13413	Mostly Flat, Few Hills	Paved/ Dirt	Yes	Yes & Pavilion	Yes	Some in Main Park Area	Yes	Yes	Yes	Closes at Dark
SUNY Poly/Connecting Trail	5701 Horatio St., Utica, NY 13502	Mixed	Stone Dust/ Dirt	No	No	Yes	Partial	No	Yes	Yes	Sunrise to Sunset
Switchback Trails (Roscoe Conkling Park)	Master Garden Rd. & Steele Hill Rd., Utica, NY 13501	Hills	Paved	No	No	Yes	No	No	Yes	Yes	8:00am - 9:00pm
Trenton Greenbelt Trails (NO BIKES)	7808-7920 Wood Road, Holland Patent, NY 13354	Flat	Dirt/ Grass	Yes Outhouse	Yes	No	No	No	Yes	Yes	Unknown
Town of Paris Recreation Park	2580 Sulphur Springs Rd., Sauquoit, NY 13456	Rolling Hills	Paved/ Dirt/ Grass	Yes	Yes & Pavilion	Yes	Some in Main Park Area	No	Yes	Yes	Closes at Dark
Trenton Town Park (Barneveld)	8741 Fish Hatchery Rd., Remsen, NY 13438	Rolling Hills	Stone Dust/ Grass	Yes	Yes	Yes	None	No	Yes	Yes	Closes at dark
Herkimer County											
HCCC Nature Trail (NO BIKES)	Homyk Rd., Herkimer, NY 13350	Hills	Dirt	No	Yes	Yes	No	No	Yes	Yes	Closes at Dark
McCauley Mountain	McCauley Rd., Old Forge, NY 13420	Hills	Dirt/Grass	No	No	No	No	No	Yes	Yes	Unknown
Russell Park Ilion	Park Rd., Ilion, NY 13357	Hills	Dirt/ Grass/ Stone Dust	Yes	Yes & Pavilions	Yes	No	No	Yes	Yes	7:00am - 9:00pm
Russia Town Park - Kuyahooro Valley Town Park	28 Cold Brook St. Poland, NY 13431	Rolling Hills	Grass/ Dirt	Yes	Yes	Yes	No	No	Yes	Yes	Closes at Dusk
Waterfront Trail - Healthy Heart Fitness Trail at Bentons Landing	Seeley St., Little Falls, NY 13365	Flat	Paved/ Stone Dust	No	Yes at Lock 17	Yes with Artwork	Partial	No	Yes	Yes	Unknown

* Columns with an asterisk indicate features are only open during the summer season

Using the Maps

The shaded areas of the map denote locations where there are multi-use trails, state or local bike routes, and suggested on-road connections. Each shaded area is marked with a corresponding letter, A-I. The inset maps provide more detailed information for those particular trail areas. The maps are located in the following pages for quick reference.








0 0.5 1 2 Kilometers



0 0.5 1 2 Miles

Map A
Old Forge Region
 Featured on page 17

BIKE ROUTES

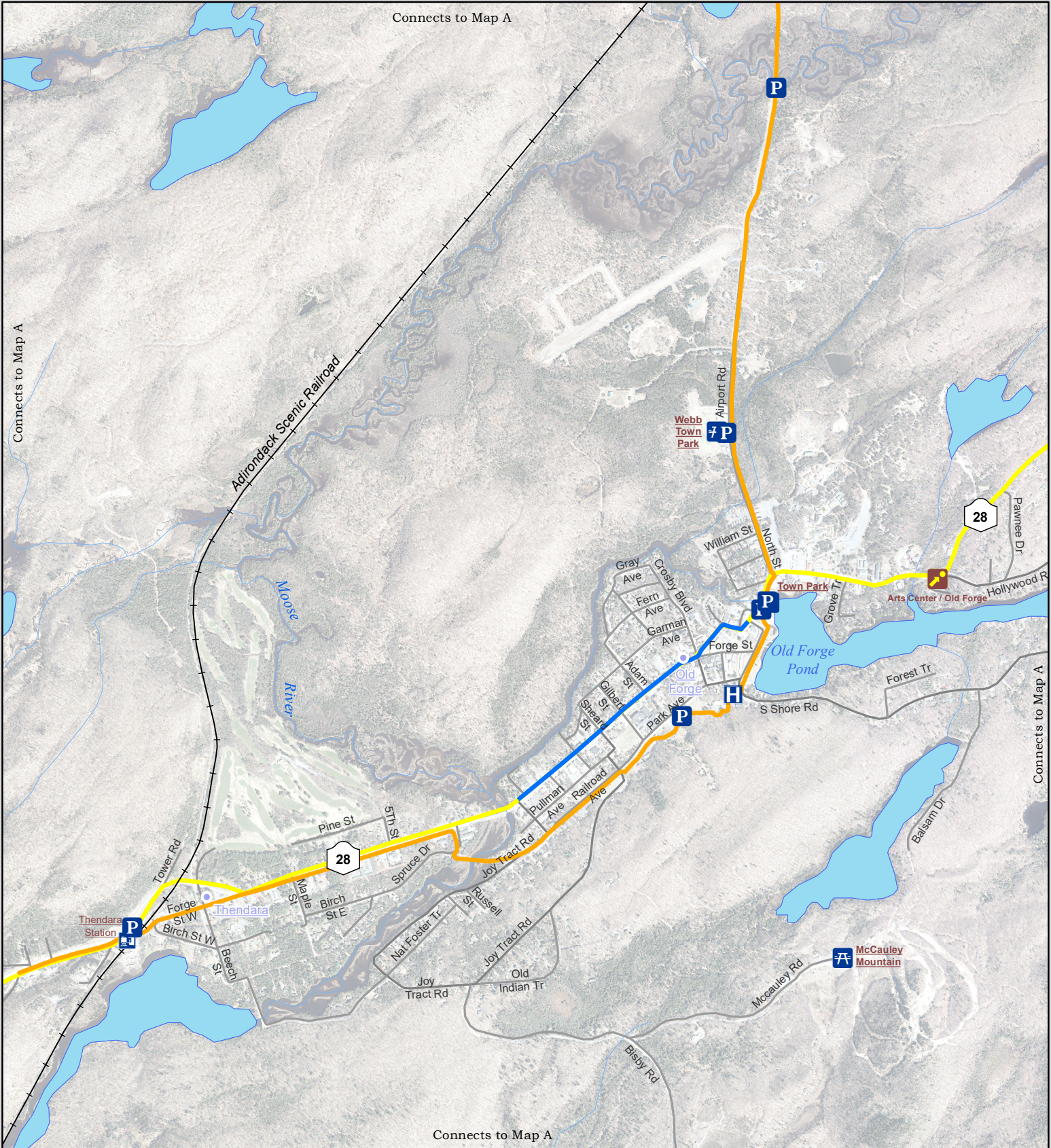
-  TOBIE Trail
-  Bike Lane
-  NYS Bike Route

ROADS

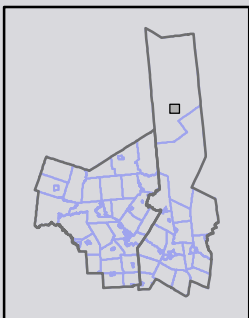
-  NYS Route
-  County & Local Roads

Connects to Map A

Connects to Map A



Connects to Map A



0 0.125 0.25 0.5 Kilometers

0 0.125 0.25 0.5 Miles

Map A-1

Thendara / Old Forge

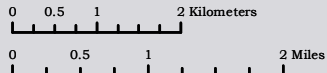
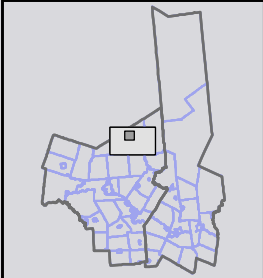
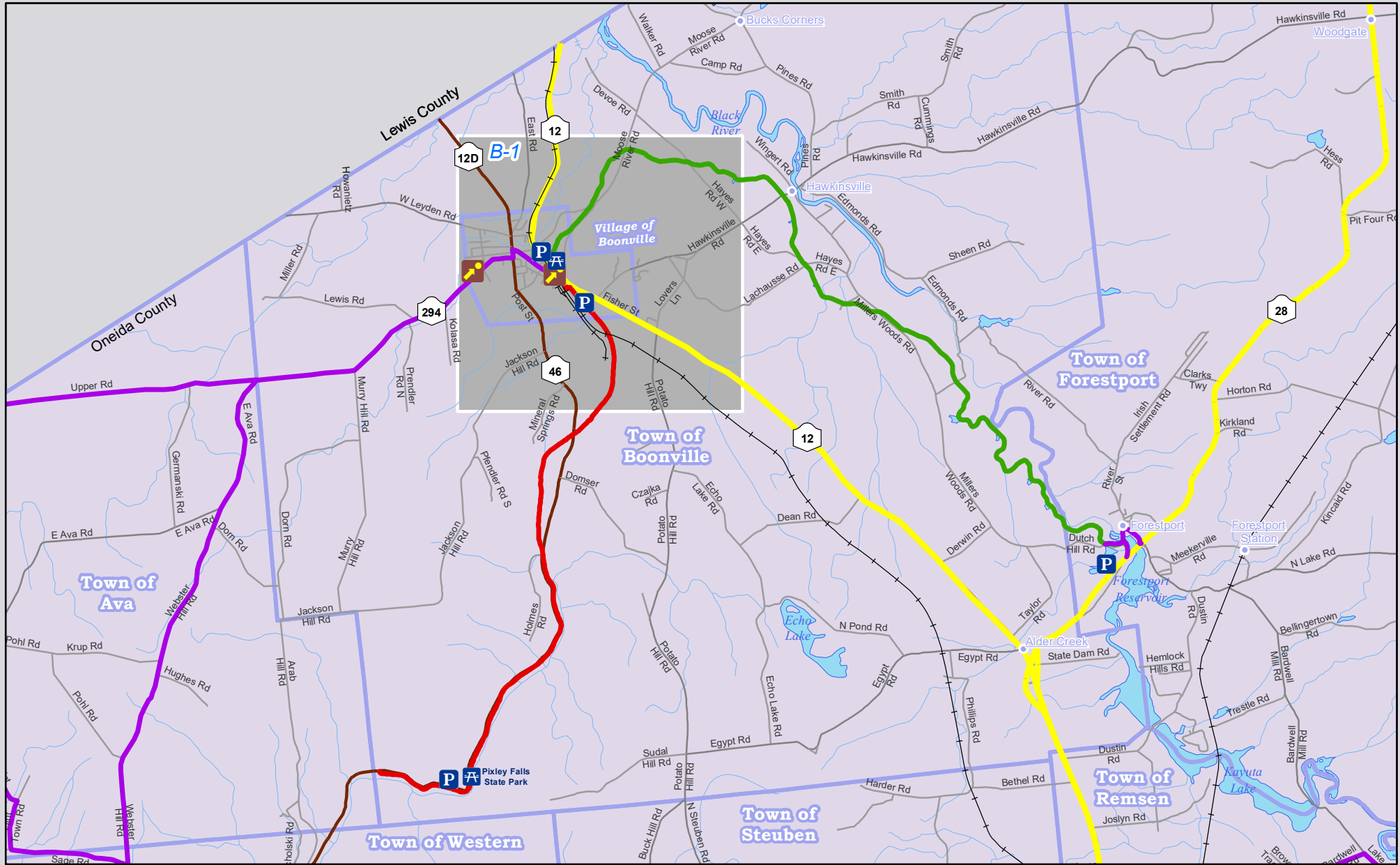
Featured on page 17

BIKE ROUTES

- TOBIE Trail
- Bike Lane
- NYS Bike Route

ROADS

- NYS Route
- County & Local Roads



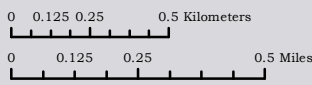
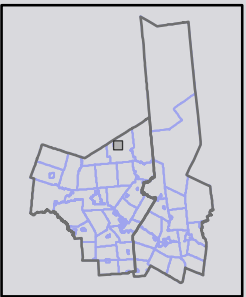
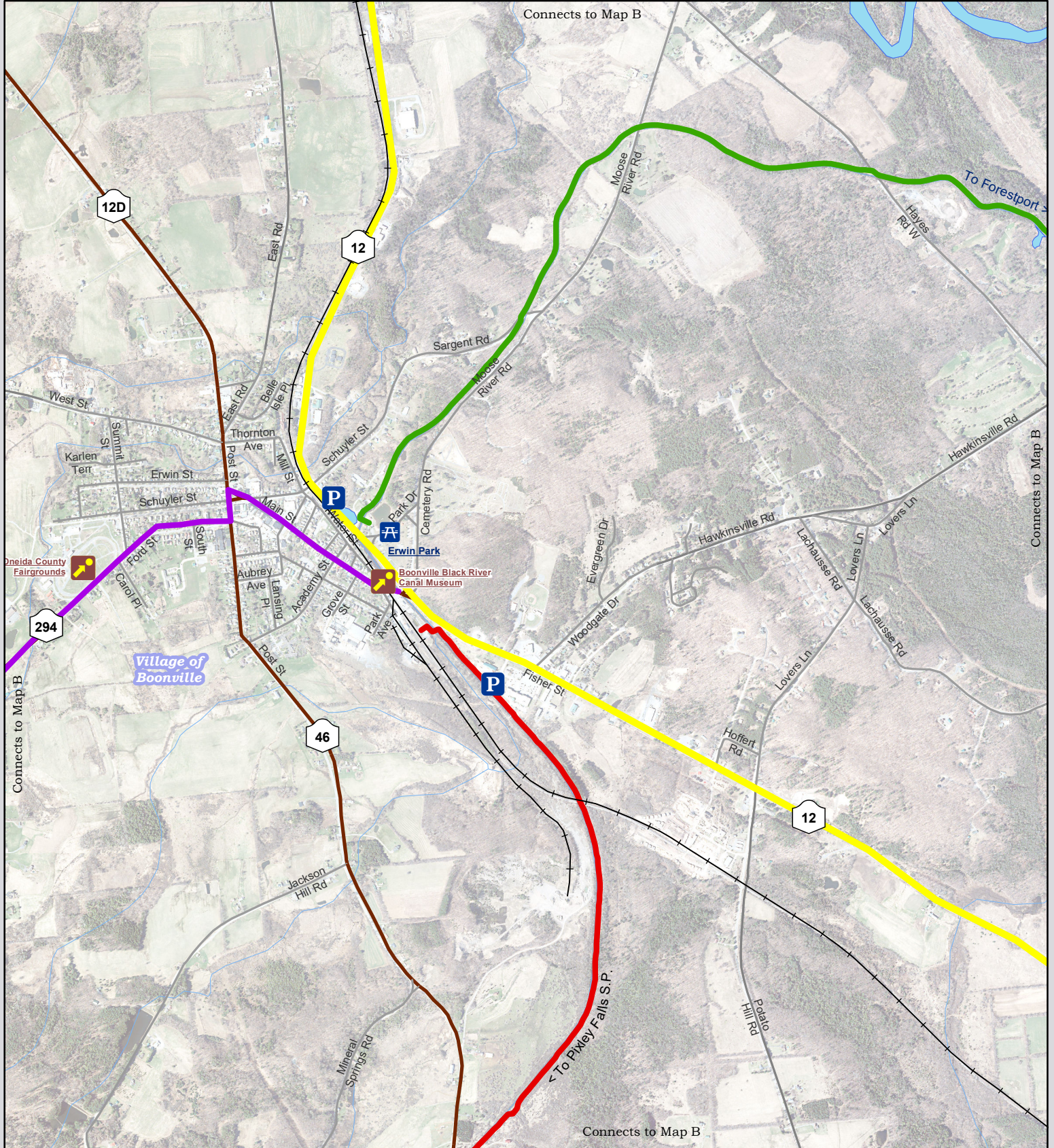
Map B
Boonville Region
 Featured on pages 9 & 10

BIKE ROUTES

- Orange wavy line: Boonville Black River Canal Trail
- Green wavy line: Black River Feeder Canal Trail
- Purple wavy line: Connecting Roadway
- Yellow wavy line: NYS Bike Route

ROADS

- Brown wavy line: NYS Route
- Grey wavy line: County & Local Roads

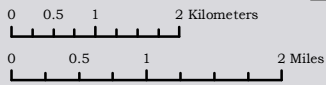
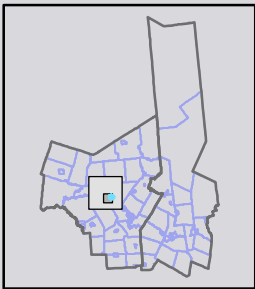
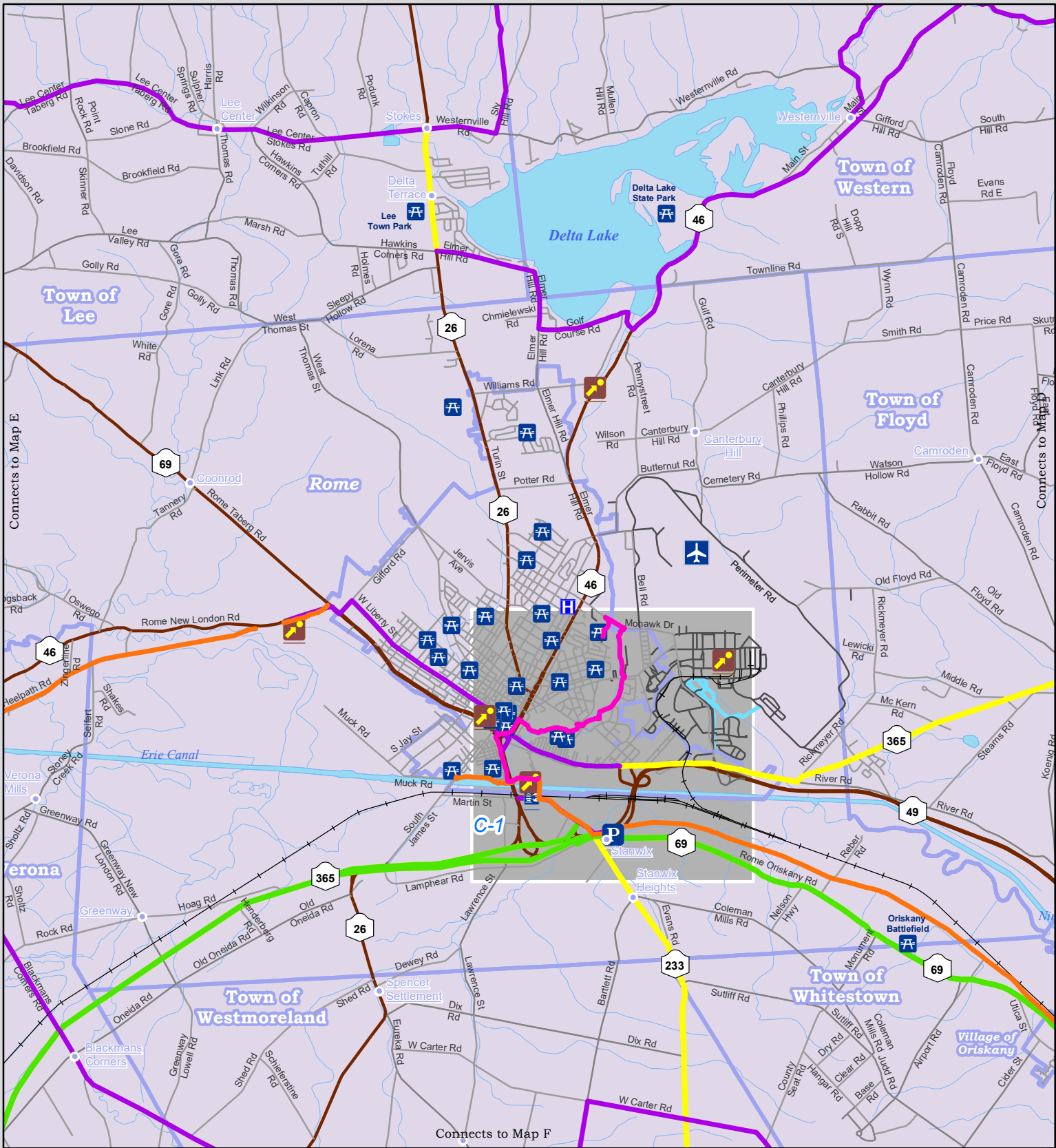


Map B-1

Village of Boonville

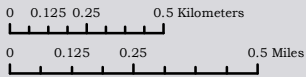
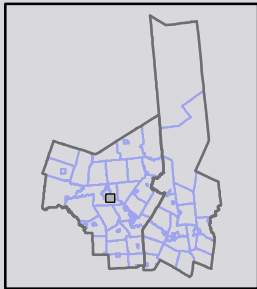
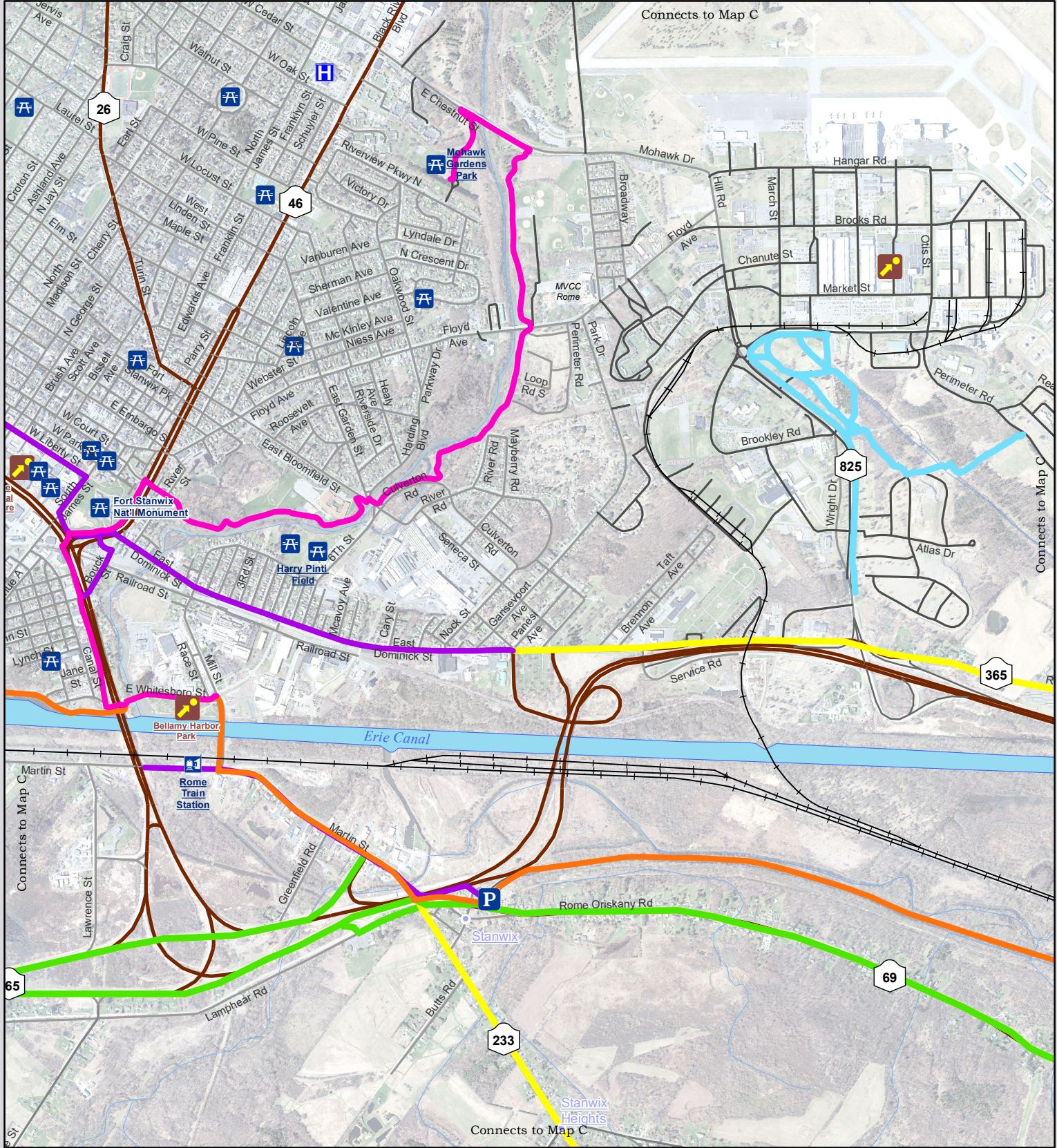
Featured on pages 9 & 10

- BIKE ROUTES**
- Boonville Black River Canal Trail
 - Black River Feeder Canal Trail
 - Connecting Roadway
 - NYS Bike Route
- ROADS**
- NYS Route
 - County & Local Roads



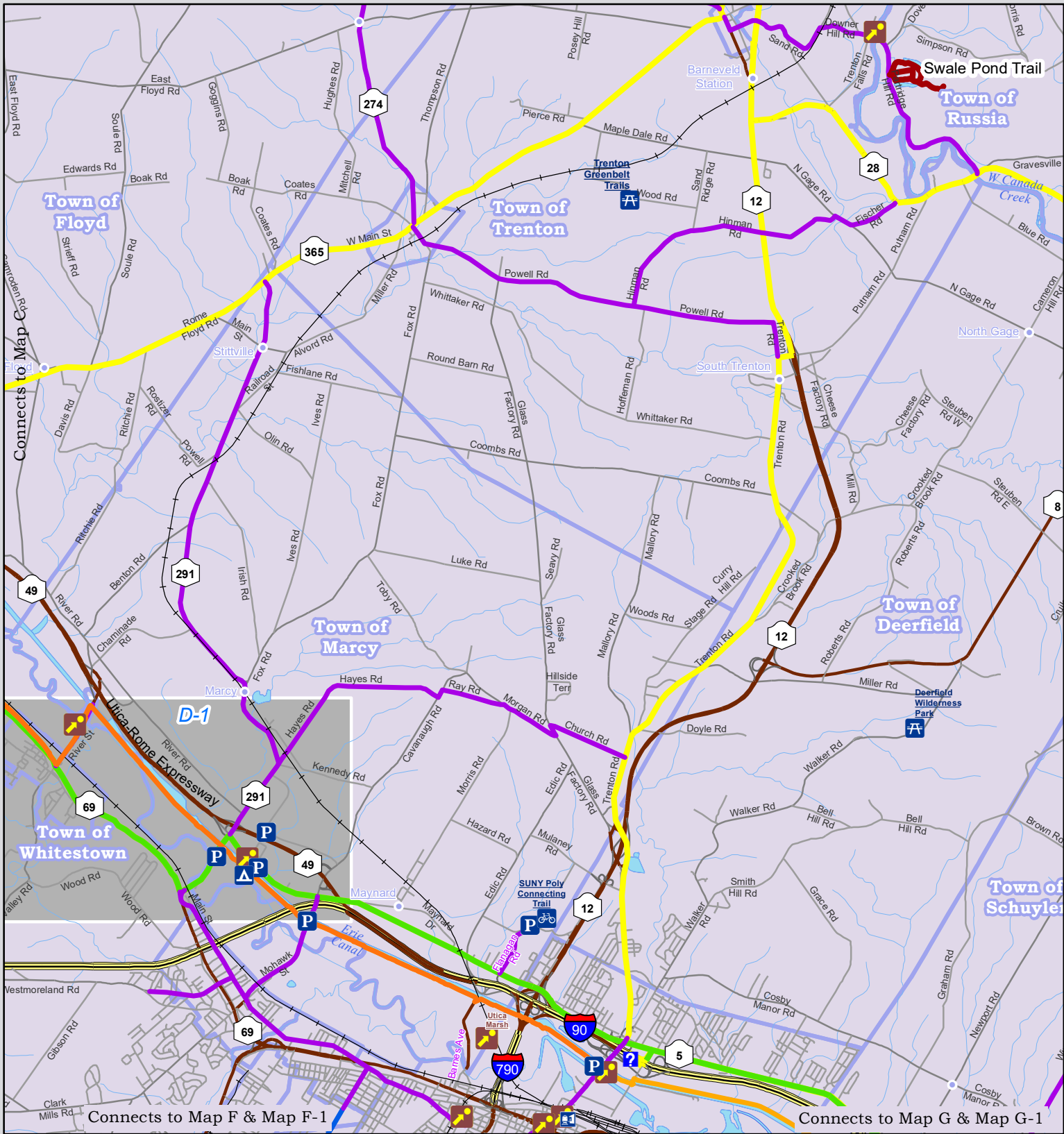
Map C
Rome Region
 Featured on page 14

- BIKE ROUTES**
- Mohawk River Trail
 - Erie Canalway Trail
 - Griffis Nature Trail
 - NYS Bike Route
 - NYS Bike Route 5
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

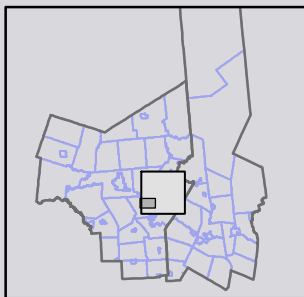


Map C-1
Rome
 Featured on page 14

- BIKE ROUTES**
- Mohawk River Trail
 - Erie Canalway Trail
 - Griffis Nature Trail
 - NYS Bike Route
 - NYS Bike Route 5
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads



NOTE: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233 and all Interstate Highways

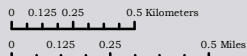
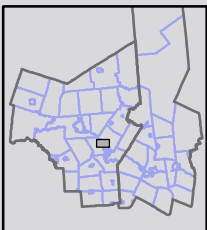
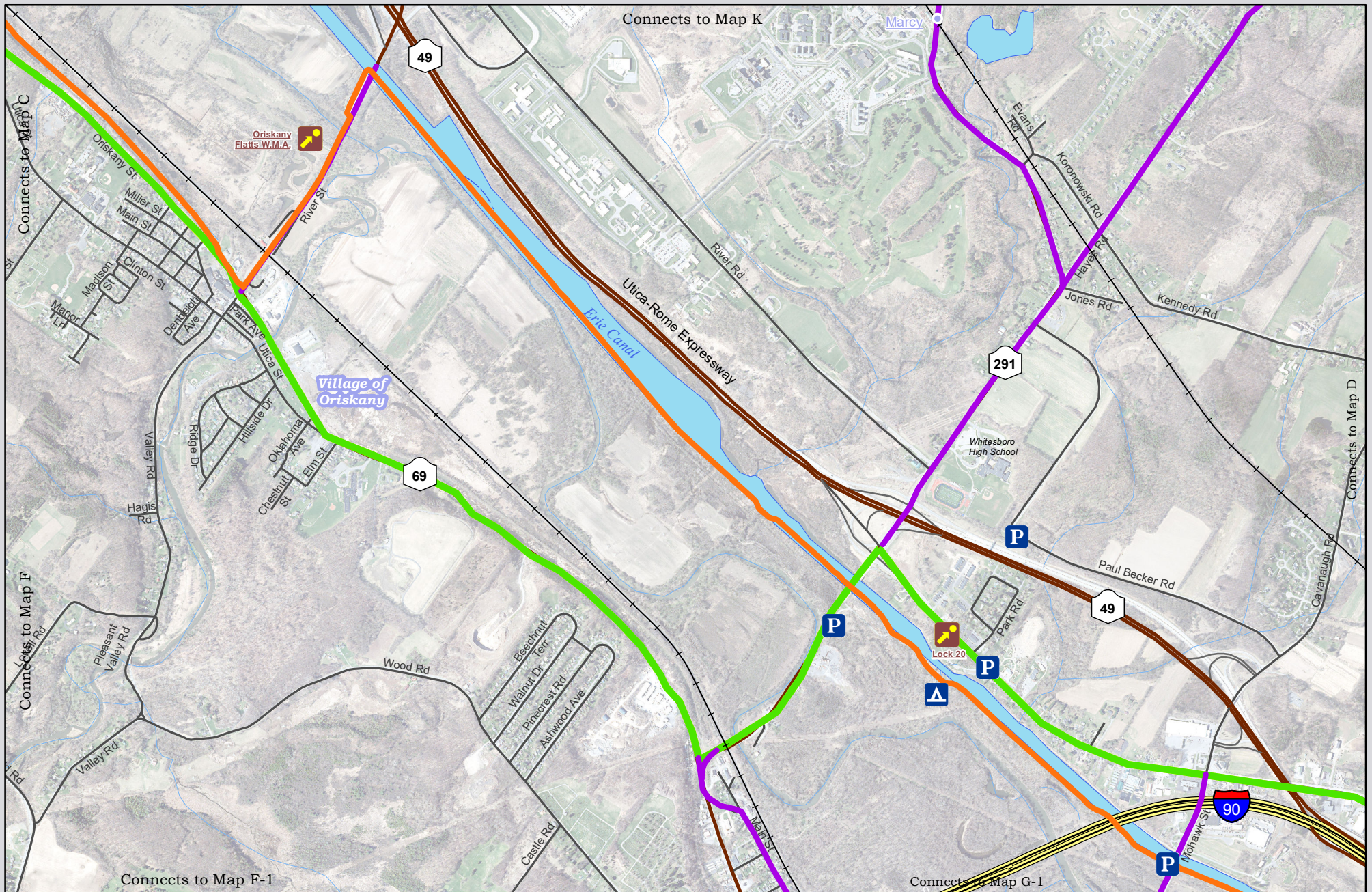


Map D

Trenton & Marcy Region

Featured on page 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - Swale Pond Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

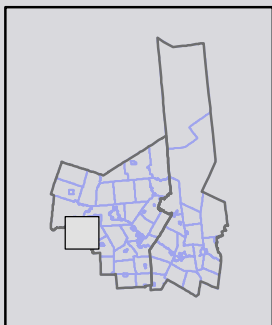


Map D-1

Marcy & Whitestown Region
 Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233 and all Interstate Highways

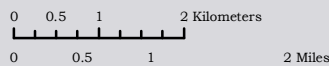
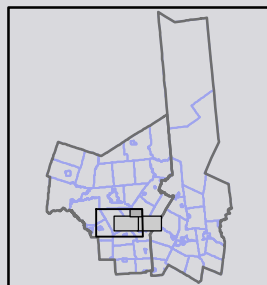
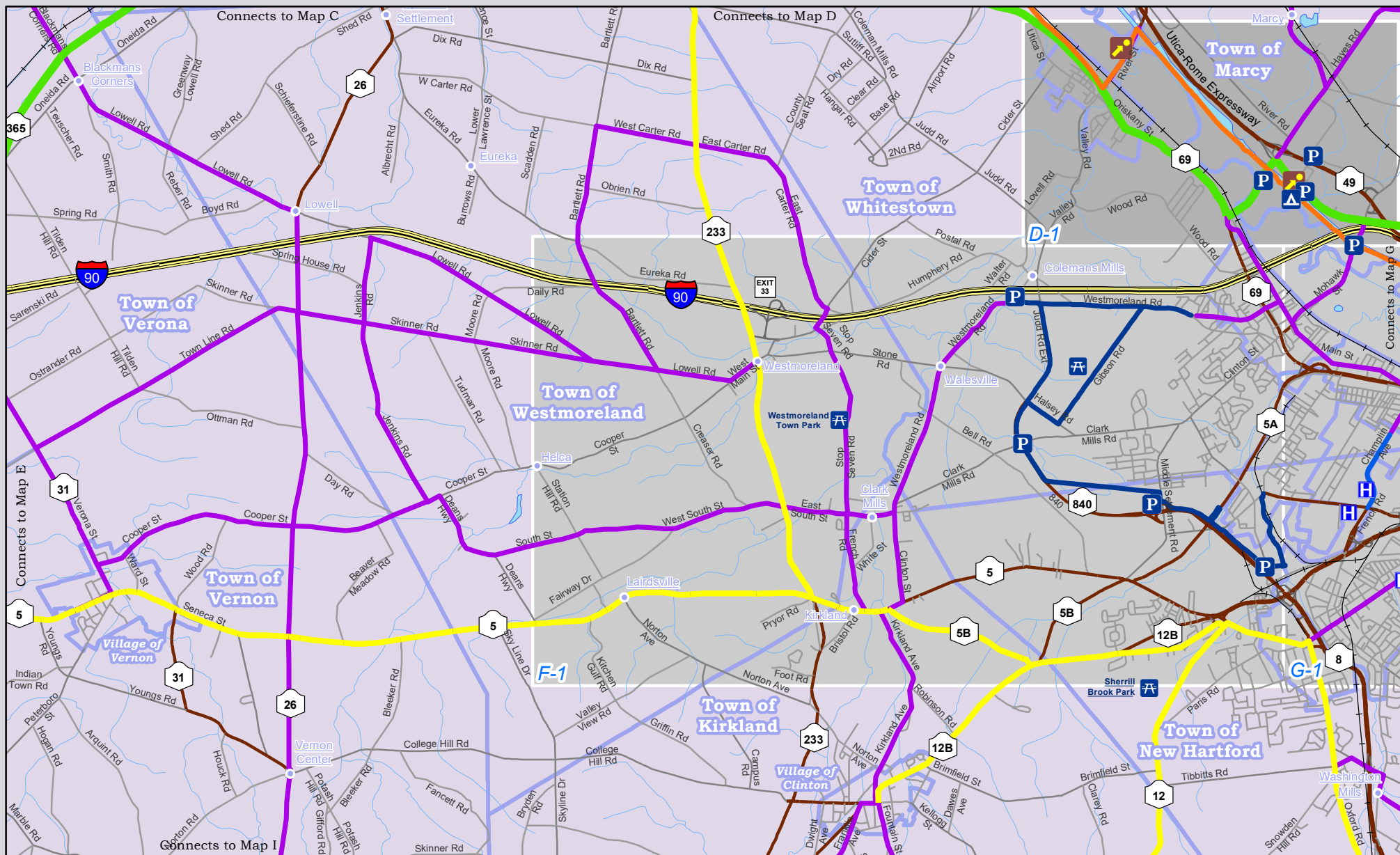


Map E

Verona Region

Featured on pages 12 & 13

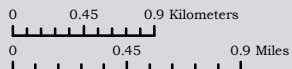
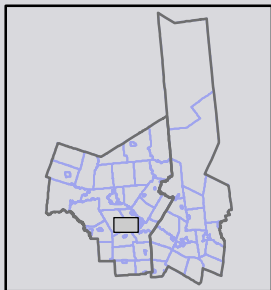
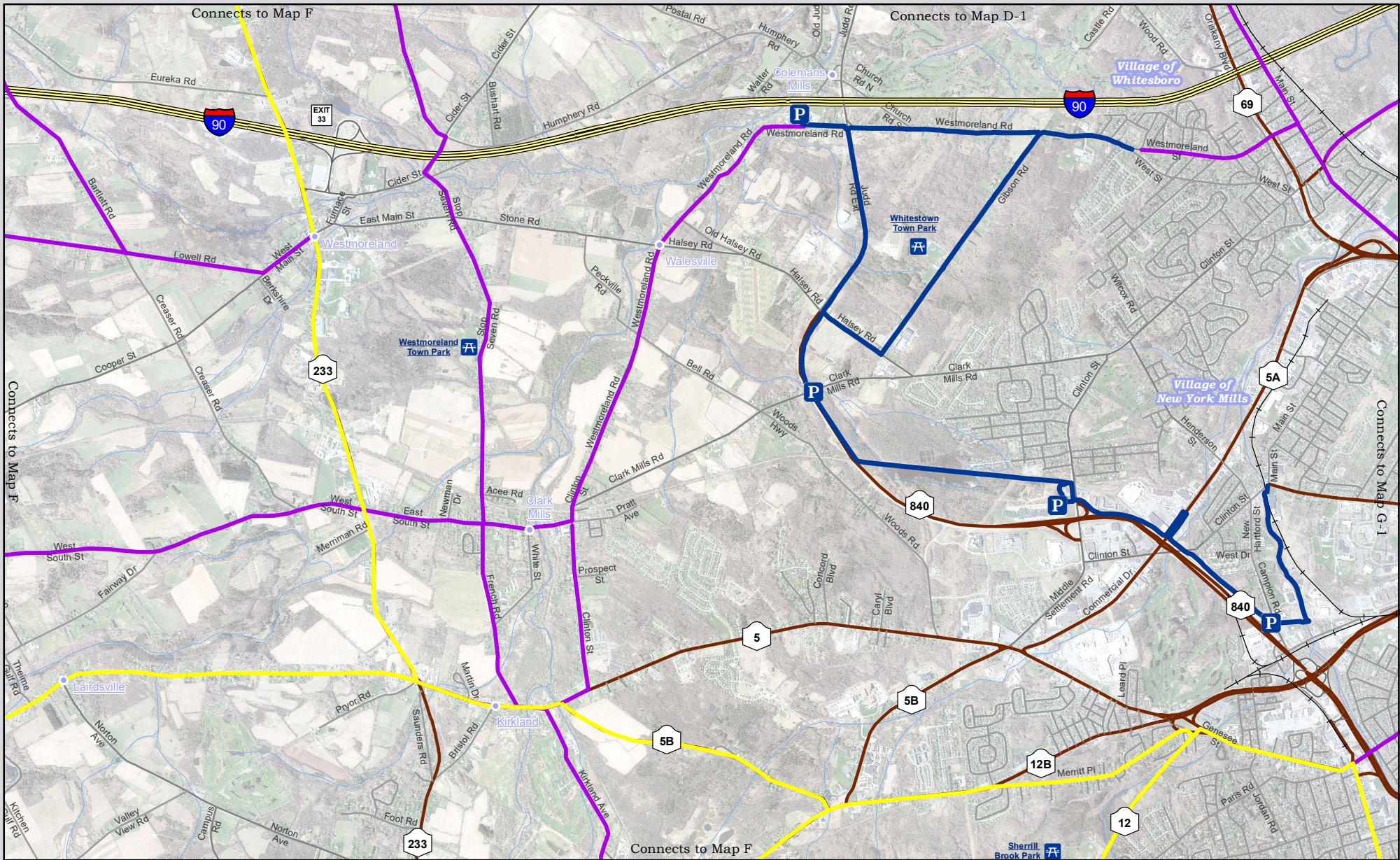
- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads



Map F
Westmoreland & Whitestown Region
 Featured on pages 15 & 16

- BIKE ROUTES**
- Erie Canalway Trail
 - Rayhill Memorial Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

Note: Bicycles are prohibited on Route 49 (Utica-Rome Expressway) from I-790 to Route 233, and I-90



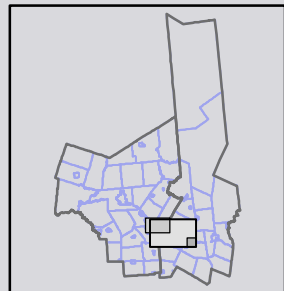
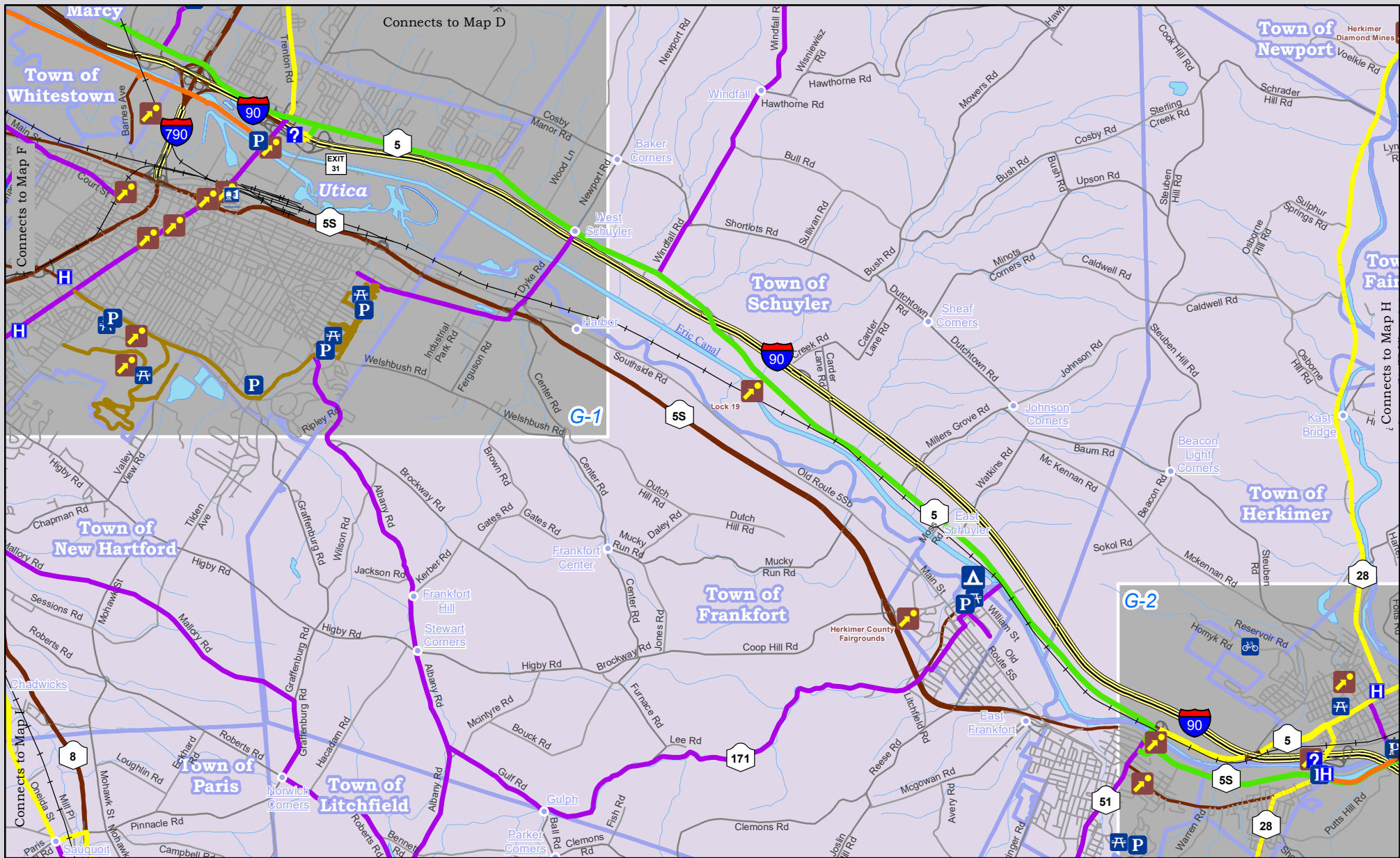
Map F-1

Whitestown, Kirkland & Westmoreland Region

Featured on pages 15 & 16

- BIKE ROUTES**
- Rayhill Memorial Trail
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on I-90



0 0.5 1 2 Kilometers

0 0.5 1 2 Miles

Map G

Utica & Herkimer Regions

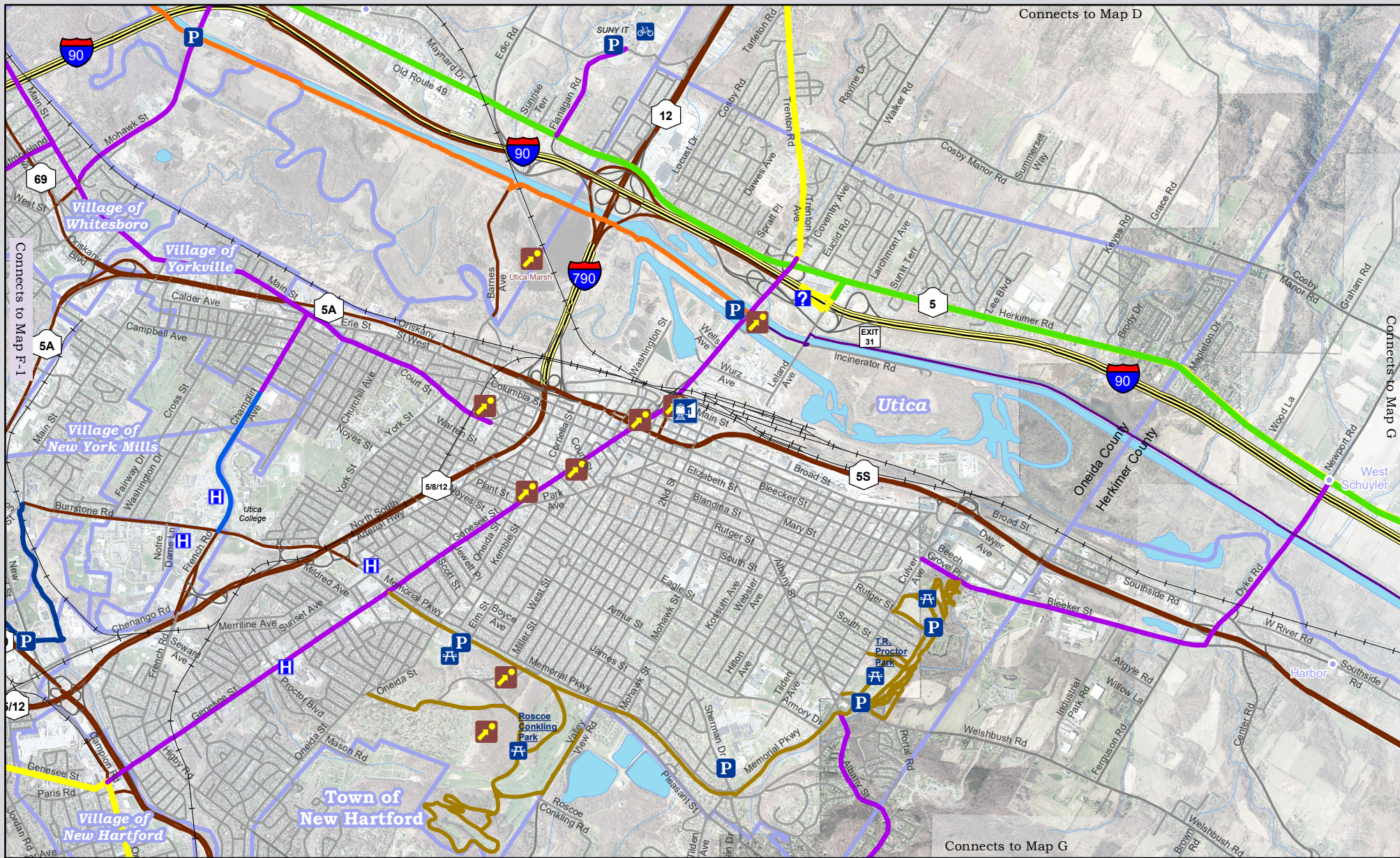
BIKE ROUTES

- Utica Parks - Trails
- Erie Canalway Trail
- NYS Bike Route 5
- NYS Bike Route
- Connecting Roadway

ROADS

- NYS Route
- County & Local Roads

NOTE: Bicycles are prohibited on the North-South Arterial (Rt 5/8/12), Utica-Rome Expressway (Rt49) and all Interstate Highways

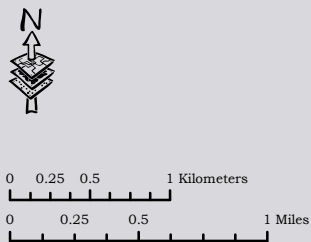
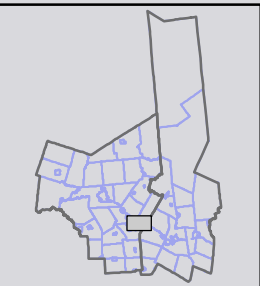


Connects to Map D

Connects to Map F-1

Connects to Map G

Connects to Map G

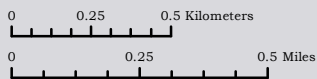
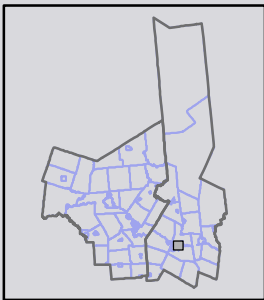
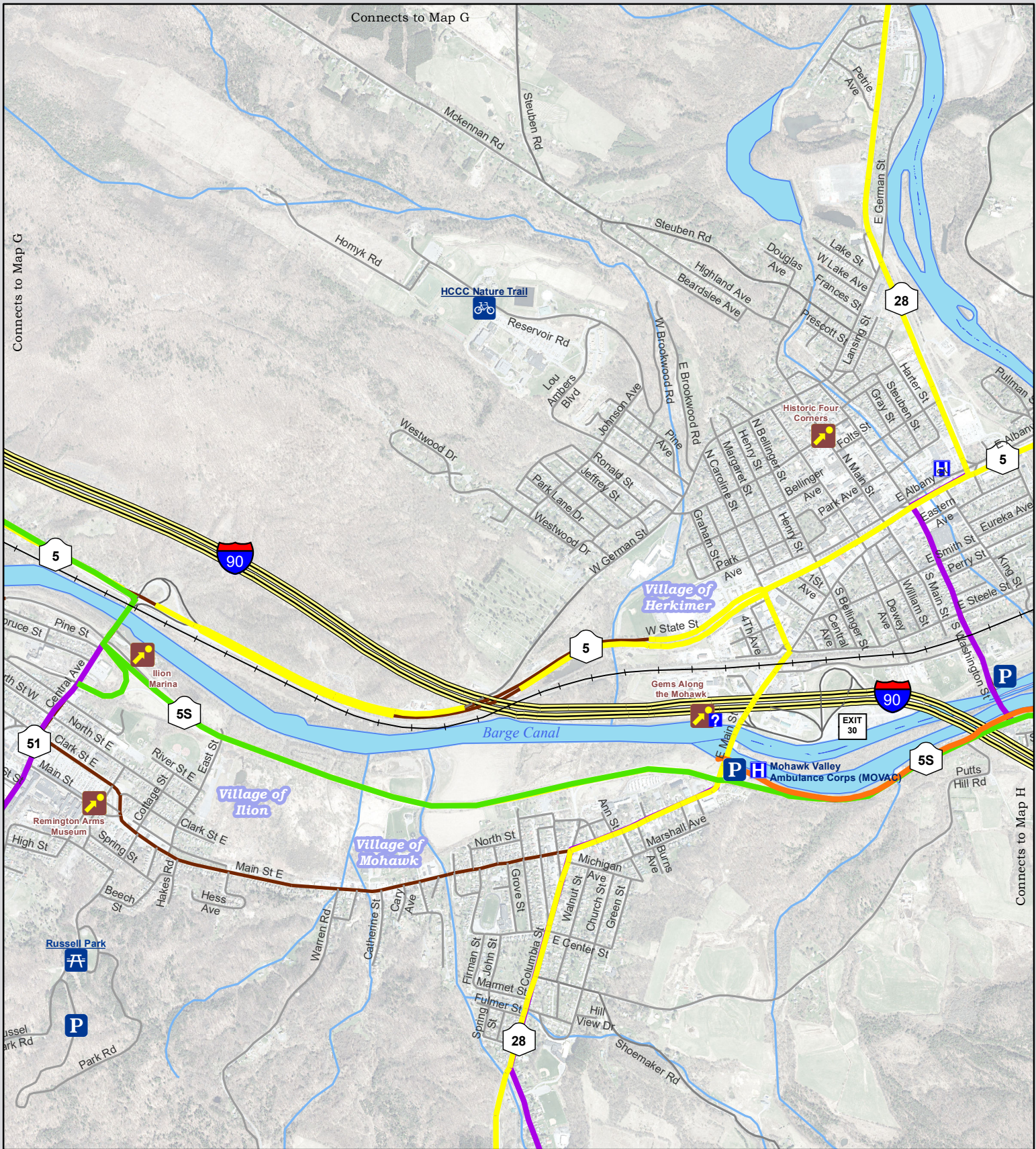


Map G-1

Utica Region

- BIKE ROUTES**
- Utica Parks - Trails
 - Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on the North-South Arterial (Rt 5/8/12), Utica-Rome Expressway (Rt49) and all Interstate Highways

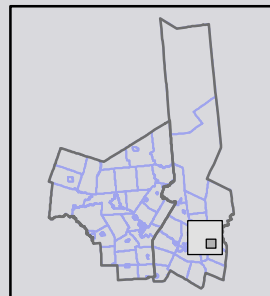
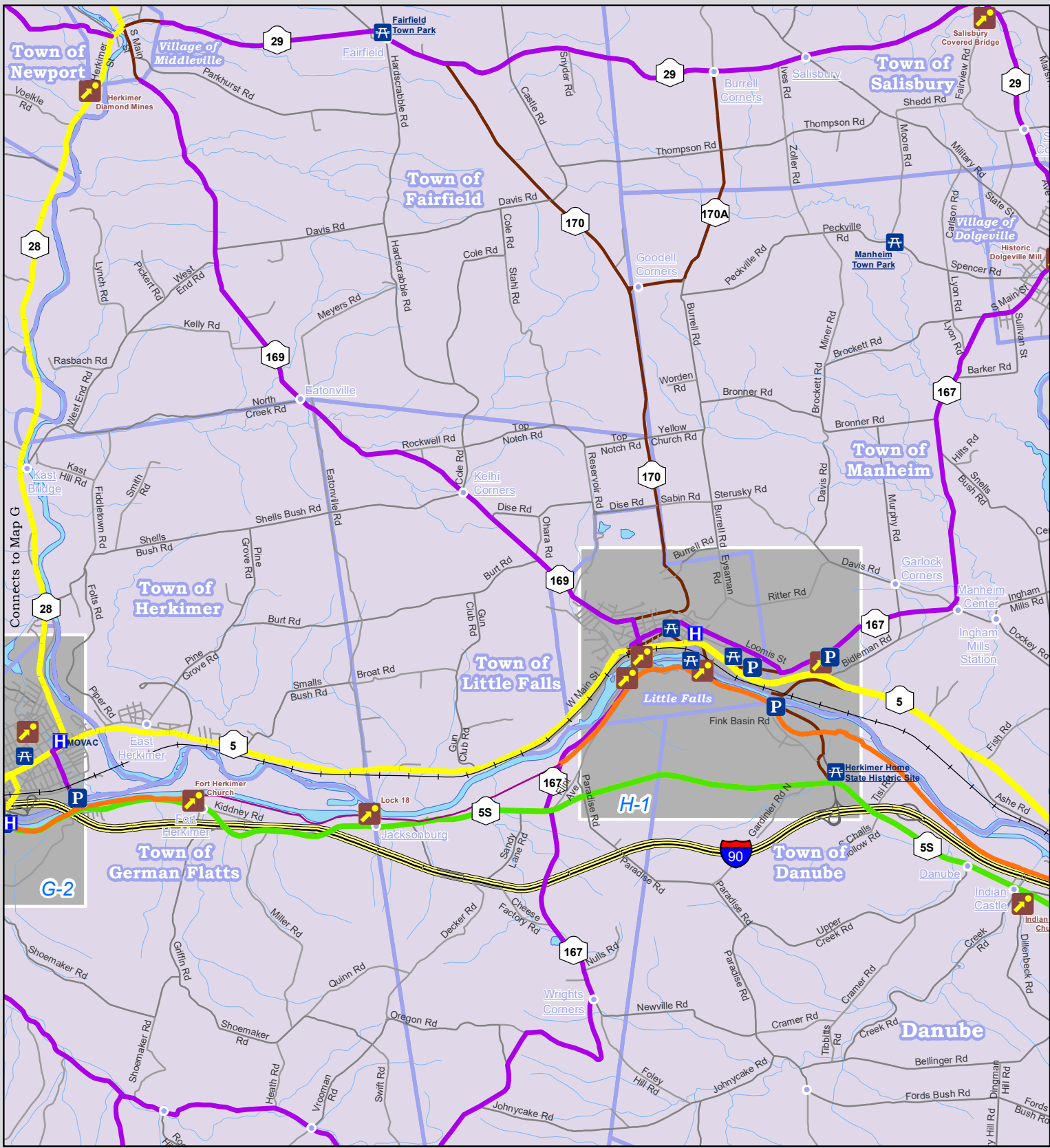


Map G-2

Mohawk, Iliion, & Herkimer

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on Interstate Highways



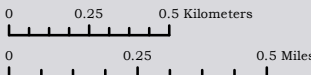
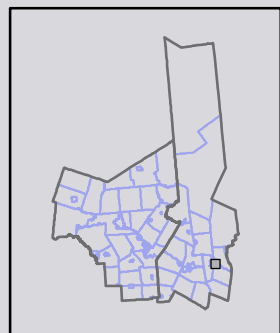
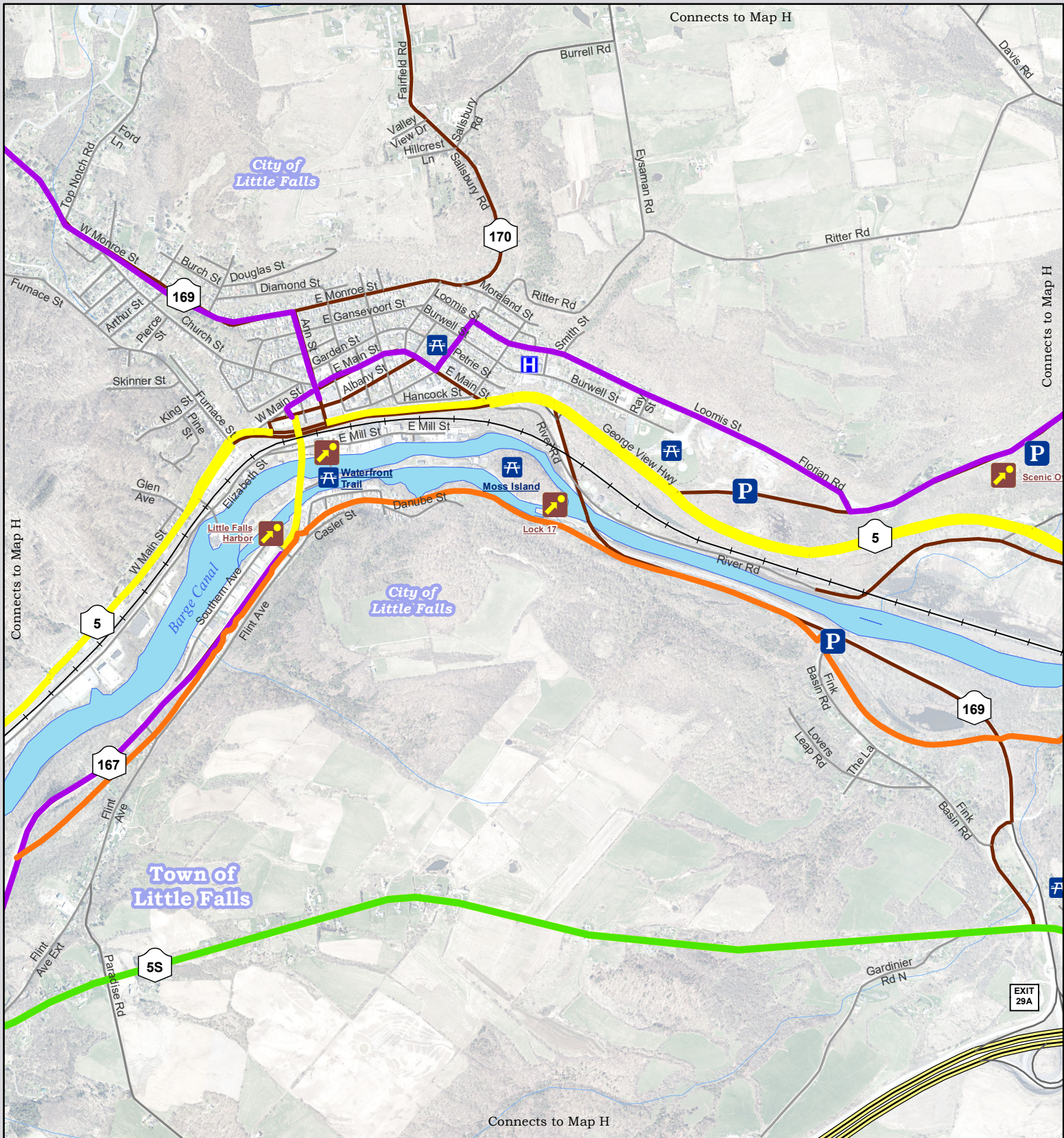
Map H

Little Falls Region

Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

NOTE: Bicycles are prohibited on Interstate Highways



Map H-1

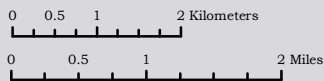
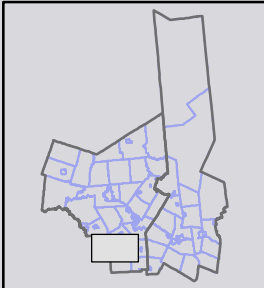
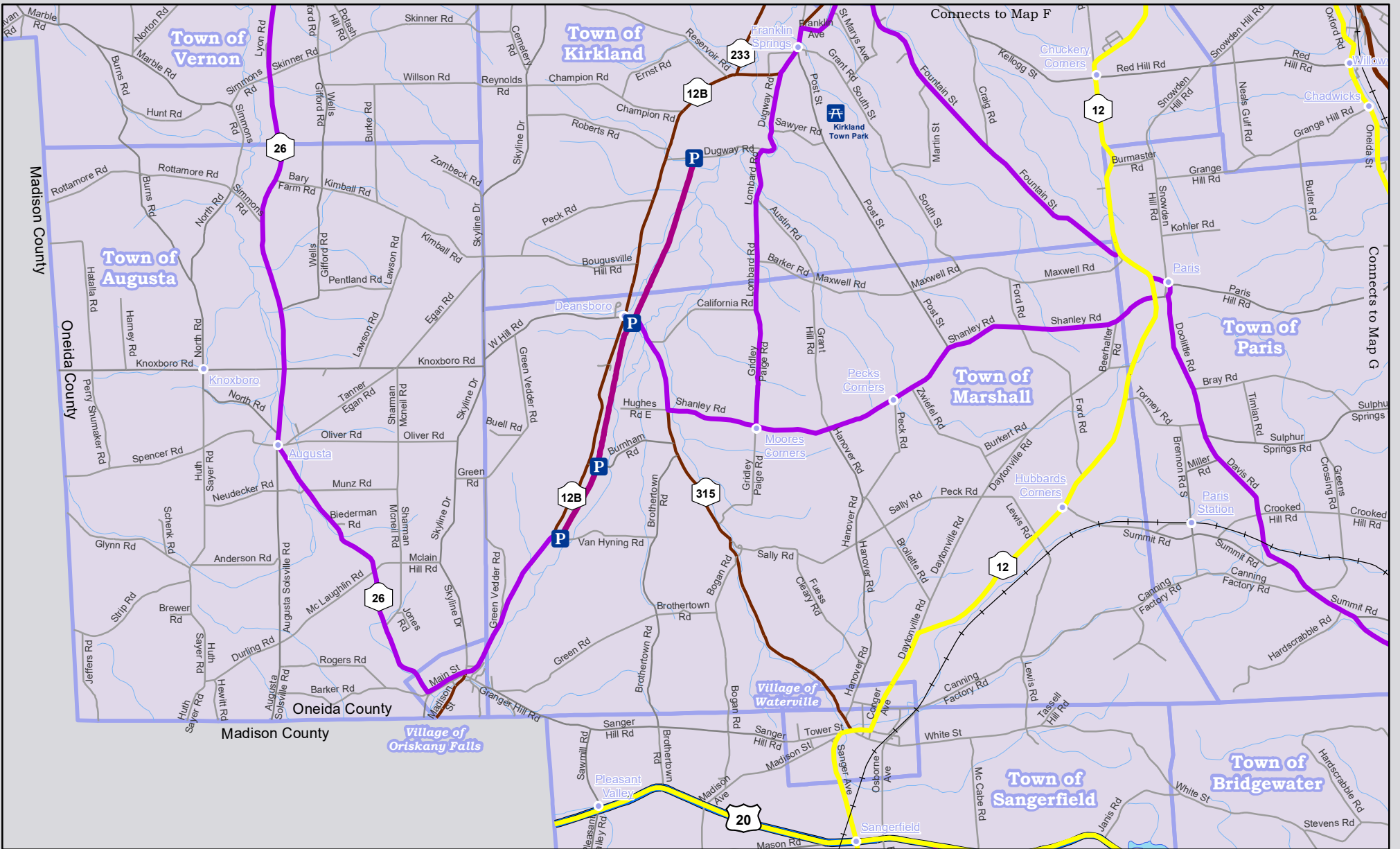
Little Falls Region

Featured on pages 12 & 13

- BIKE ROUTES**
- Erie Canalway Trail
 - NYS Bike Route 5
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

From Casler Street to Finks Basin Road, the Erie Canalway Trail is also referred to locally as the James W. Miller Miracle Mile-and-a-Half

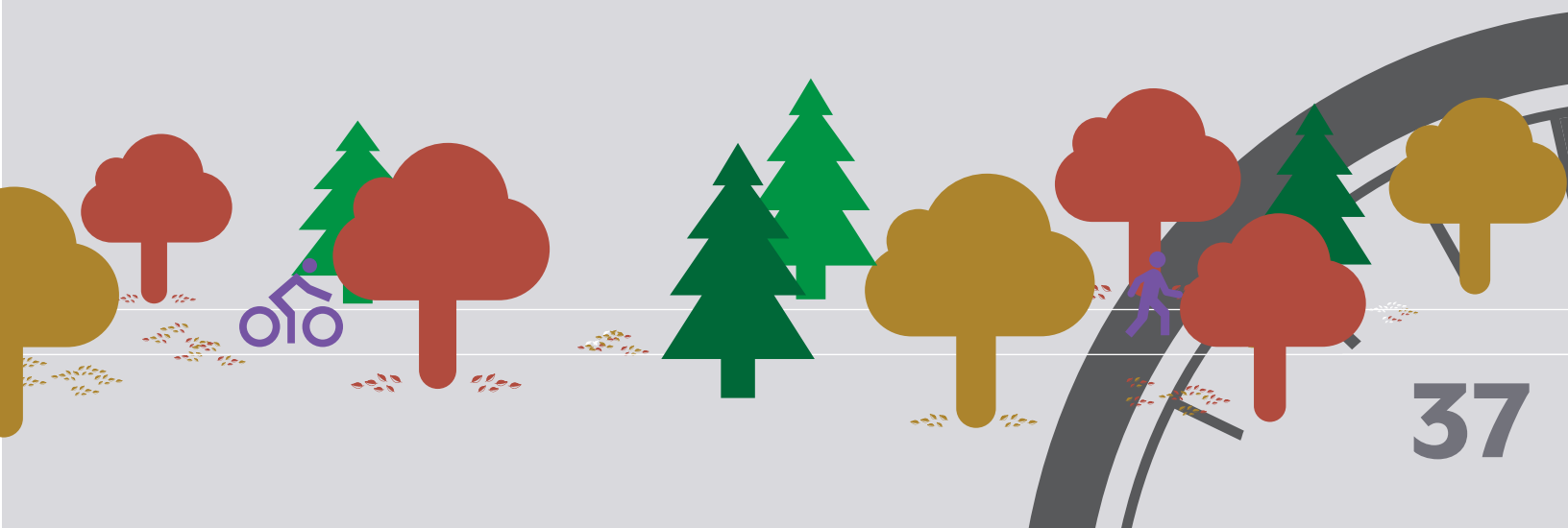
NOTE: Bicycles are prohibited on Interstate Highways



Map I
Marshall Region
 Featured on page 11

- BIKE ROUTES**
- Town of Marshall Towpath
 - NYS Bike Route
 - Connecting Roadway
- ROADS**
- NYS Route
 - County & Local Roads

Notes...



Terms of Use

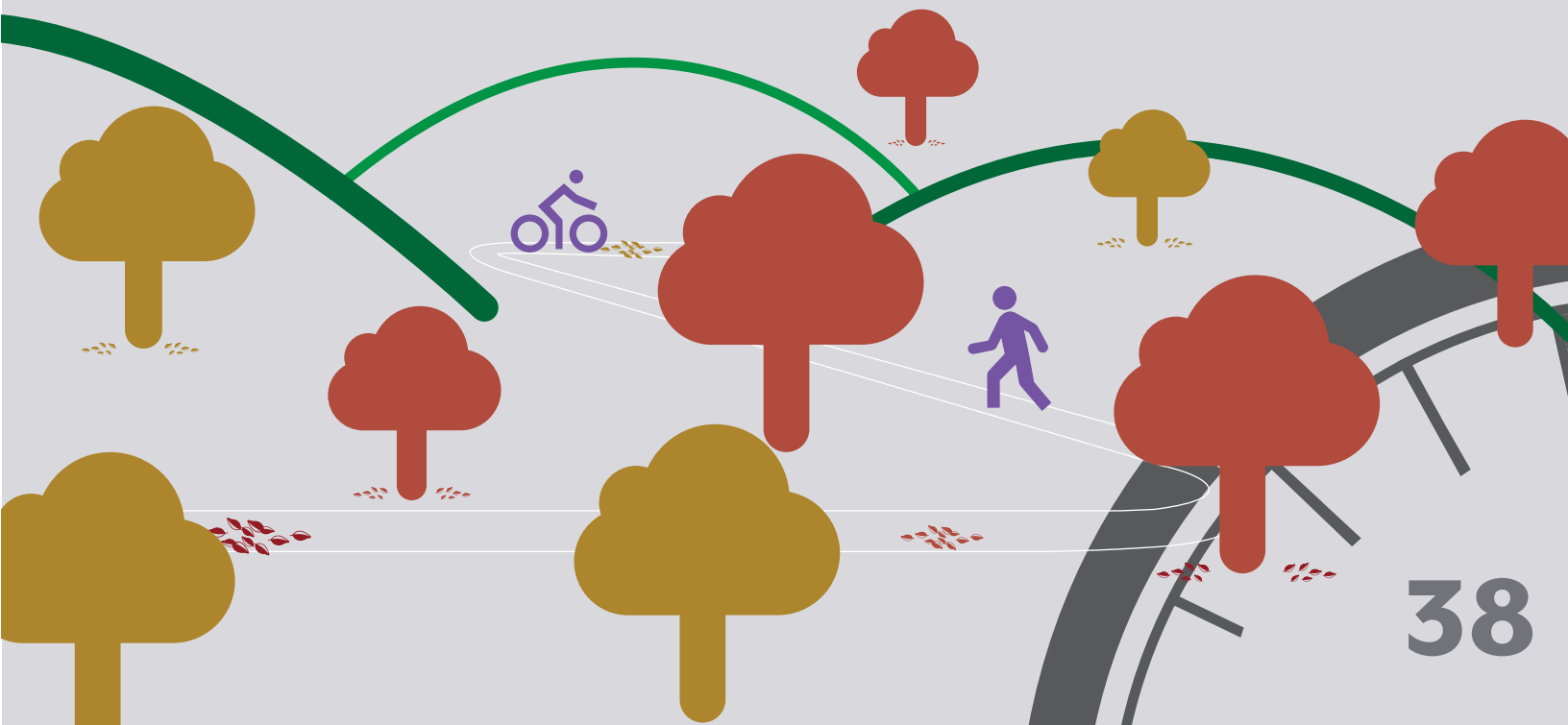
Outdoor recreation has a higher level of risk than most activities, and can be potentially hazardous, dangerous or even lethal. Forms of outdoor recreation referenced in this guide include hiking, biking, climbing, swimming, and backpacking. Risk is always a factor during outdoor activities and trail travel, especially when weather is unfavorable or unpredictable, or when unforeseen events or conditions create a hazardous situation. There are many other risks, both natural and/or man-made, that could lead to injury or death while traveling and engaging in activities in the outdoors.

It is the responsibility of the users of this guide to familiarize themselves with the necessary skills for safe hiking and outdoor travel. All participants must assume responsibility for their own actions and safety, exercise sound judgment, and be prepared for all types of. Users should advice on current weather and trail conditions. Trail conditions change from day to day, and from season to season, therefore rendering any information in this guide is subject to change without warning.

Outdoor recreation participants with a number of potentially dangerous and possibly lethal hazards, including lightning, flooding, rain, snow, ice, hail, falling trees, falling rocks,, etc. Some of the trails described cross terrain with exposed rock faces, cliffs and scrambles where fatal falls are possible, as well as bodies of water that conditions may make unsafe and/or dangerous to cross. The areas covered by this guide are also home to wildlife that may be dangerous, including but not limited to bears, snakes, and disease-carrying insects.

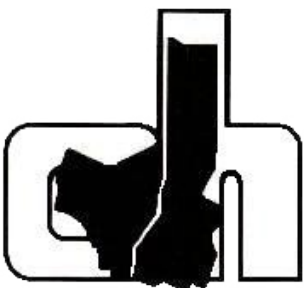
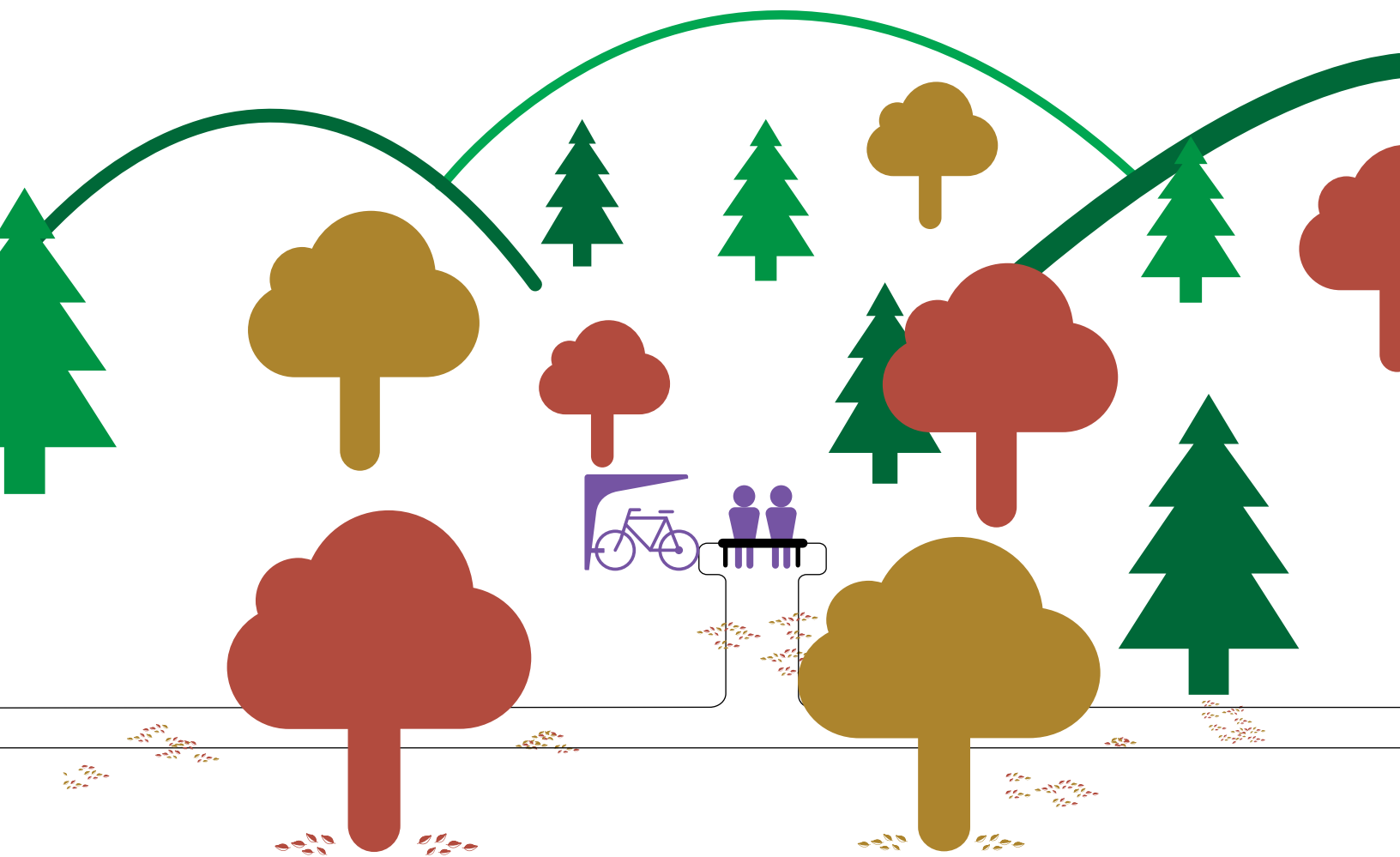
Although the authors of this guide try to make the information contained in the guide as accurate as possible, as well as to point out some of the potential hazards on some of the trails, they disclaim any liability for accident, loss, injury, inconvenience or any other damage that may be sustained by anyone using the information contained within this guide or on the website. Those who use this information, and those who engage in outdoor activities, do so at their own risk. You are solely responsible for using your judgment in interpreting and using this information to safely enjoy your own outdoor pursuits. While we have made every effort to ensure that the information we've provided is accurate as of the date of publication, the inclusion of information in this guide does not imply any absolute guarantee of accuracy, and travelers should always check the current weather and other conditions prior to engaging in any outdoor activity.

The information contained in this guide is not intended to replace maps, compasses or outdoor skills. Public is welcome to read trail descriptions so that they may have a general idea of what to expect on a particular trail. We take no responsibility, nor do we assume liability for inaccuracies, errors, omission, or incompleteness of any information. Oneida County and the Herkimer-Oneida Counties Transportation Study, and/or anyone contributing information to this guide shall not be held liable for any inconvenience, accidents, damage to property, rescues, injuries or loss of life should you undertake any of the trails listed in this guide.



“Keep close to Nature’s heart...and break clear away, once in awhile, and climb a mountain or spend a week in the woods. Wash your spirit clean.”

*-John Muir
Wilderness Preservationist/
Co-founder of the Sierra Club 1892*



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