

What Service Are Available?

The services you receive will be based on your individual care plan and budget.

This is based on your level of need.

Services may include:

- Care Coordination and/or case management
 - Personal Care
 - Housekeeping
- Chore and companion/supervision services
- Social or medical adult day care
 - Home delivered meals
 - Congregate meals
 - Nutrition education
 - Nutrition counseling
- Caregiver support including training, counseling, support groups and respite
 - Health promotion
 - Dementia specific services
 - Transportation
 - Medication management
 - Home modification
 - Assistive devices/assistive technology
 - Durable medical equipment

Oneida County Office for the Aging & Continuing Care
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ONEIDA COUNTY
OFFICE FOR THE AGING/
CONTINUING CARE

CD-EISEP: CONSUMER DIRECTED EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM

Flexibility & Choice in Long Term
Care Services



For Information & Assistance

TEL: 315-798-5456

Monday—Friday
8:30am to 4:30 pm
NY Connects: Choices for Long
Term Care & Support

What Is Consumer Directed Care (sometimes called Self-Directed Care)?

Consumer Directed Care gives you more choice in meeting your care needs. You will receive a monthly budget amount that can be spent on services or supports that help you to remain independent, healthy, and safe.

With Consumer Directed Care, you can choose who to hire for your care, **including friends and eligible family members**. You also can choose how, when and where your services will be provided. You can use some of your budget amount on other items that support your care needs.

Why Choose Consumer Directed Care?

You know what you need better than anyone. With Consumer Directed Care you have a large role in shaping your plan of care, and promoting your own independence and health. This will help you maintain your own life in your home and community.

What If I Need Help Directing My Care?

Your Care Coordinator can help you with planning for your care needs. You also can choose a friend or family member to represent you and help you in care planning and decision making about your care.

What to Expect With Consumer Directed Care:

Bring Together Needed Services

Your Care Coordinator will help you to identify your needs and plan for services and supports. Your Care Coordinator and other people you choose to help you plan your care will become your Care Team.

Planning Your Care Needs

You and your Care Team will create a plan to meet your needs in the way you want.

Quality of Care

You will work with program reviewers and your Care Coordinator to make sure that the supports and services you receive meet your needs. The care you receive will be reviewed to make sure that you are truly deciding how, when and where your services are provided.

Easy Access

If you choose Consumer Directed Care, you will have help finding care providers. This includes help in employing a family member, neighbor or friend.

Person Centered Approach

Your team is there to support you in the decisions that you make, recognizing you as an equal partner. Your needs and desires are the basis for your care plan.

Health and Safety

Your health and safety are very important in Consumer Directed Care. Your Care Team will work with you to ensure that your care plan meets your health and safety needs. Your care plan will be tailored along the way to meet any changes in your needs.

What if Consumer Directed Care is Not Right for Me?

If Consumer Directed Care is not meeting your needs, you can return to traditional services at any time with no loss of services.